

The Cumberland Building Society Great Cumbrian Run 2013

Carlisle

Sunday 6th October 2013



Official Timer - Winning Time UK Ltd - www.winningtime.co.uk



RELAY TEAMS – ADD 2000 ONTO YOUR BIB NUMBER EG RELAY TEAM 1 IS 2001

BIB	FORENAME	SURNAME	RANK	GUN TIME	CHIP RANK	CHIP TIME	GEN POS	GENDER	CAT POS	CATEGORY	CLUB
1244	JAMES	BUIS	1	01:11:38	1	01:11:36	1	M	1	MSNR	BORDER HARRIERS
1250	BOB	HODGSON	2	01:14:15	2	01:14:13	2	M	2	MSNR	
590	RUSSELL	MADDAMS	3	01:14:28	3	01:14:26	3	M	1	M40	KESWICK AC
813	JAMES	MEADER	4	01:16:36	4	01:16:33	4	M	3	MSNR	
727	JULIAN	HATCHER	5	01:17:15	5	01:17:16	5	M	4	MSNR	BORDER HARRIERS
1210	DOMINIC	MUNNELLY	6	01:19:19	6	01:19:16	6	M	2	M40	
1074	BEN	DONOGHUE	7	01:19:32	7	01:19:30	7	M	5	MSNR	RED ROSE ROAD RUNNERS
772	MARC	PENN	8	01:20:31	8	01:20:29	8	M	6	MSNR	ST BEES TRIERS
58	JIM	KENNY	9	01:21:21	9	01:21:18	9	M	1	M50	
1301	JAMES	SOUTER	10	01:22:09	10	01:22:06	10	M	7	MSNR	
1174	PETER	HEARN	11	01:22:47	11	01:22:43	11	M	2	M50	TYNEDALE HARRIERS
1308	ANDREW	JACKSON	12	01:22:52	12	01:22:48	12	M	8	MSNR	WEST CUMBRIA TRI
705	DANIEL	HORNSBY	13	01:22:55	13	01:22:51	13	M	9	MSNR	
1157	BLAIN	ROONEY	14	01:23:04	14	01:23:00	14	M	10	MSNR	
1110	ANDREW	BAXTER	15	01:23:36	15	01:23:31	15	M	3	M40	
775	ROGER	SILLITO	16	01:23:43	17	01:23:43	16	M	11	MSNR	LOW FELL RC
732	MICHAEL	IRVING	17	01:23:45	16	01:23:40	17	M	12	MSNR	
319	BEN	BROWN	18	01:23:57	18	01:23:47	18	M	13	MSNR	
1304	MATTHEW	TURNER	19	01:24:07	19	01:24:04	19	M	14	MSNR	
961	STEVEN	ROBERTSON	20	01:24:20	20	01:24:18	20	M	15	MSNR	ELSWICK HARRIERS
779	SAM	STEAD	21	01:24:31	21	01:24:20	21	M	16	MSNR	DERWENT AC COCKERMOUTH
710	CAMERON	CARRUTHERS	22	01:24:43	22	01:24:39	22	M	17	MSNR	
975	ANDREW	PIPES	23	01:25:03	23	01:24:45	23	M	18	MSNR	DERWENT AC
1307	DAVID	THOMPSON	24	01:25:04	24	01:24:57	24	M	19	MSNR	
1021	ALASTAIR	SPANNER	25	01:25:23	25	01:25:19	25	M	4	M40	

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895	PAUL	GRAHAM	26	01:25:38	28	01:25:32	26	M	20	MSNR	
1361	GARY	DOVER	27	01:25:38	27	01:25:31	27	M	5	M40	GLAXO ROAD HILL
863	KEVIN	MCQUEEN	28	01:26:01	26	01:25:19	28	M	6	M40	
1105	ANDREW	SMITH	29	01:26:11	29	01:26:08	29	M	21	MSNR	
1217	CHRIS	MCDONALD	30	01:26:19	30	01:26:14	30	M	3	M50	
878	ALAN	MCGEEN	31	01:26:23	31	01:26:14	31	M	4	M50	
1276	JOSEPH	ALLCOCK	32	01:26:44	33	01:26:36	32	M	7	M40	HATTON DARTS
1222	JOCK	ROBB	33	01:26:45	34	01:26:43	33	M	22	MSNR	
569	DAVID	LAWSON	34	01:26:51	35	01:26:43	34	M	8	M40	
760	ROB	MORRIS	35	01:26:54	36	01:26:43	35	M	23	MSNR	DERWENT AC COCKERMOUTH
1238	MICHAEL	SANDERSON	36	01:26:54	37	01:26:49	36	M	24	MSNR	ALLEN VALLEY STRIDERS
646	IAIN	WEISSER	37	01:27:05	32	01:26:35	37	M	25	MSNR	
330	SARAH	BURRELL	38	01:27:07	38	01:26:52	1	F	1	FSNR	
216	ANTHONY	DAVIS	39	01:27:19	39	01:27:01	38	M	5	M50	DERWENT AC
329	BEN	BURRELL	40	01:27:25	40	01:27:10	39	M	26	MSNR	
230	DARREN	LITTLE	41	01:27:40	41	01:27:40	40	M	27	MSNR	
191	GARETH	FORBES	42	01:27:59	42	01:27:52	41	M	28	MSNR	ALLEN VALLEYS STRIDERS
518	THOMAS	NICHOLSON	43	01:28:13	44	01:28:13	42	M	29	MSNR	BORDER HARRIERS & AC
801	GAVIN	BANNISTER	44	01:28:24	45	01:28:16	43	M	6	M50	
50	DEREK	ROSE	45	01:28:28	43	01:28:05	44	M	30	MSNR	CARLISLE TRI CLUB
546	GARETH	PRESCH	46	01:28:31	48	01:28:25	45	M	31	MSNR	
621	JONATHAN	BREWER	47	01:28:36	47	01:28:22	46	M	9	M40	CARLISLE TRI
233	STEVE	COLEMAN	48	01:28:38	49	01:28:33	47	M	7	M50	ANNAN & DISTRICT AC
1254	MARK	HAYTON	49	01:28:39	52	01:28:36	48	M	32	MSNR	
1336	WILL	COULTHARD	50	01:28:40	50	01:28:33	49	M	10	M40	

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1323	KAREN	BRIDGE	51	01:28:41	51	01:28:33	2	F	1	F40	EDENRUNNER
1271	BARRY	JOHNSTONE	52	01:28:42	46	01:28:20	50	M	33	MSNR	CARLISLE TRI
1198	JON	MOSS	53	01:28:57	53	01:28:55	51	M	34	MSNR	TYNE BRIDGE HARRIERS
270	KEVIN	SCOTT	54	01:29:08	54	01:29:00	52	M	11	M40	
322	ROBBIE	ARMSTRONG	55	01:29:24	56	01:29:20	53	M	12	M40	UNATTACHED
1289	PHILIPPA	WAKEFIELD	56	01:29:32	57	01:29:22	3	F	2	FSNR	
150	MARK	BILLINGTON	57	01:29:45	61	01:29:37	54	M	13	M40	RED ROSE ROAD RUNNERS
43	IAN	MC DOUGALL	58	01:29:49	58	01:29:30	55	M	14	M40	CUMBERLAND AC
757	KIRSTY	HAMILTON	59	01:29:49	62	01:29:42	4	F	3	FSNR	
1235	TONY	HARRISON	60	01:29:49	59	01:29:32	56	M	35	MSNR	
1112	KEVIN	ROBSON	61	01:29:50	63	01:29:44	57	M	36	MSNR	
1048	JAMES	TOSE	62	01:29:54	60	01:29:33	58	M	37	MSNR	
847	STEPEHN	LEE	63	01:29:56	55	01:29:00	59	M	38	MSNR	
69	ANDREW	BLANSHARD	64	01:29:59	65	01:29:49	60	M	39	MSNR	
1203	DAVID	YOUNG	65	01:30:08	66	01:30:05	61	M	15	M40	TYNE BRIDGE HARRIERS
731	EDWARD	HILLIER	66	01:30:13	68	01:30:07	62	M	40	MSNR	MORPETH HARRIERS
211	ALASTAIR	MCDONALD	67	01:30:17	70	01:30:09	63	M	16	M40	
656	ROBERT	REAY	68	01:30:17	71	01:30:09	64	M	41	MSNR	
885	BEN	GARRARD	69	01:30:21	69	01:30:07	65	M	42	MSNR	ROCK RACING RELAY TEAM UK
28	PAUL	JACKSON	70	01:30:38	72	01:30:38	66	M	43	MSNR	CUMBERLAND AC
726	PHIL	LOWREY	71	01:30:46	67	01:30:05	67	M	44	MSNR	ST. BEES TRIERS
622	STEPHEN	HACKLEY	72	01:31:00	73	01:30:42	68	M	45	MSNR	
1326	SOPHIE	MARR	73	01:31:10	76	01:31:07	5	F	4	FSNR	TYNE BRIDGE HARRIORS
59	THOMAS	TOWLE	74	01:31:17	75	01:31:03	69	M	46	MSNR	CARLISLE TRI
1340	LIAM	MELLEY	75	01:31:18	74	01:30:57	70	M	47	MSNR	BORDER HARRIERS

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1161	CHRIS	CROOK	76	01:31:31	78	01:31:09	71	M	17	M40	
1314	THOMAS	BELL	77	01:31:34	80	01:31:24	72	M	48	MSNR	HEATON HARRIERS
1024	JAMES	GRAHAM	78	01:31:37	81	01:31:25	73	M	49	MSNR	
1315	HANNAH	SHILLITOE	79	01:31:41	82	01:31:25	6	F	5	FSNR	HEATON HARRIERS
471	STUART	CANN	80	01:31:42	83	01:31:34	74	M	18	M40	RED ROSE ROAD RUNNERS
1309	LINDSAY	CROSSAN	81	01:31:52	87	01:31:49	7	F	2	F40	
774	CHRIS	DEY	82	01:32:00	89	01:31:54	75	M	50	MSNR	
1330	MARK	SCAIFE	83	01:32:03	79	01:31:20	76	M	51	MSNR	
538	CHRIS	DAVISON	84	01:32:05	88	01:31:49	77	M	8	M50	CARLISLE TRI CLUB
32	RICHARD	NOBLE	85	01:32:09	84	01:31:34	78	M	19	M40	
1260	CRAIG	HOLLIDAY	86	01:32:10	64	01:29:47	79	M	52	MSNR	
708	MATTHEW	MCCARRY	87	01:32:17	86	01:31:37	80	M	53	MSNR	
596	RYAN	STODDART	88	01:32:21	77	01:31:08	81	M	54	MSNR	
264	VIV	WINTER	89	01:32:23	91	01:32:11	8	F	3	F40	
469	GEORGE	STAINSBY	90	01:32:26	92	01:32:20	82	M	20	M40	
1295	JASON	FORSTER	91	01:32:38	95	01:32:31	83	M	21	M40	ALLEN VALLEY STRIDERS
958	BRENDON	JACKSON	92	01:32:38	96	01:32:31	84	M	22	M40	ALLEN VALLEY STRIDERS
102	MARK	COLMAN	93	01:32:41	93	01:32:22	85	M	55	MSNR	CARLISLE TRI
792	PAUL	COLLINS	94	01:32:44	97	01:32:36	86	M	23	M40	STOCKPORT HARRIERS
1004	MARK	GRAHAM	95	01:32:46	98	01:32:39	87	M	24	M40	
137	CARL	TOMLINSON	96	01:32:46	90	01:32:10	88	M	56	MSNR	
818	STUART	HAMILTON	97	01:32:53	99	01:32:45	89	M	57	MSNR	
1058	CRAIG	BEATTIE	98	01:32:55	100	01:32:45	90	M	58	MSNR	
119	WAYNE	GREIG	99	01:32:57	94	01:32:24	91	M	59	MSNR	CARLISLE TRI CLUB
720	PAUL	BASSINDALE	100	01:33:14	102	01:32:56	92	M	9	M50	

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1000	MARTIN	PENRICE	101	01:33:18	101	01:32:49	93	M	10	M50	CUMBERLAND AC
507	ALAN	GRANT	102	01:33:19	105	01:33:11	94	M	25	M40	
541	ANGUS	MCMILLAN	103	01:33:26	107	01:33:21	95	M	11	M50	UNATTACHED
674	MALCOLM	DARBYSHIRE	104	01:33:34	104	01:33:05	96	M	12	M50	BLYTH RUNNING CLUB
1083	PHILIP	ROSIER	105	01:33:39	106	01:33:19	97	M	60	MSNR	
1138	NEIL	OSGOOD	106	01:33:55	109	01:33:45	98	M	26	M40	
1215	DARREN	WILDEY	107	01:34:07	113	01:33:56	99	M	61	MSNR	
750	MARTIN	QUINN	108	01:34:12	115	01:34:02	100	M	62	MSNR	
335	DANIEL	RANKINE	109	01:34:25	110	01:33:49	101	M	63	MSNR	
983	CHRIS	GRAY	110	01:34:33	121	01:34:29	102	M	64	MSNR	TRI-LAKELAND
713	DAVID	ROCKS	111	1:34:42	114	1:33:57	103	M	65	MSNR	
1357	GARRY	PATERSON	112	1:34:45	118	1:34:13	104	M	27	M40	LOW FELL
865	JOHN	KIRKBRIDE	113	1:34:47	123	1:34:37	105	M	28	M40	
572	JAMES	BYERS	114	1:34:49	119	1:34:15	106	M	66	MSNR	UNATT
922	JONATHAN	HEMINGWAY	115	1:34:51	125	1:34:39	107	M	67	MSNR	
337	GARY	WARWICK	116	1:34:52	116	1:34:05	108	M	68	MSNR	
23	CHRISTOPHER	WEAR	117	1:34:54	120	1:34:25	109	M	29	M40	CUMBERLAND AC
1327	KEITH	ROONEY	118	1:34:54	122	1:34:30	110	M	30	M40	TYNE BRIDGE HARRIORS
474	ANTHONY	MURPHY	119	1:34:56	126	1:34:46	111	M	31	M40	RED ROSE ROAD RUNNERS
1122	LEE	DOSWELL	120	1:35:07	128	1:34:48	112	M	69	MSNR	
1329	MARINA	PENN	121	1:35:10	130	1:34:56	9	F	6	FSNR	ST BEES TRIERS
1012	DAVID	HEWITSON	122	1:35:12	117	1:34:07	113	M	32	M40	
1188	HARRY	MOSCROP	123	1:35:14	132	1:35:03	114	M	70	MSNR	
1099	SAM	MCCREADIE	124	1:35:20	103	1:33:01	10	F	7	FSNR	BLACKBURN HARRIERS
817	SHANE	MOUNSEY	125	1:35:35	135	1:35:23	115	M	71	MSNR	

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579	DAVID	MOONEY	126	1:35:44	124	1:34:37	116	M	72	MSNR	MOONEY MOTIVATORS
6	ALISTAIR	BELL	127	1:35:46	129	1:34:51	117	M	73	MSNR	
204	IAN	ROBERTSON	128	1:35:47	85	1:31:36	118	M	74	MSNR	COPELAND A.C
1207	CLAIRE	MCNICHOLAS	129	1:35:49	134	1:35:20	11	F	8	FSNR	ELLENBOROUGH
470	CHRIS	FUNNELL	130	1:36:00	137	1:35:31	119	M	33	M40	UNATTACHED
1168	KEVIN	MITCHELL	131	1:36:06	144	1:35:55	120	M	34	M40	
578	LOCAL PRESS	LARGE	132	1:36:09	111	1:33:51	121	M	75	MSNR	
766	MALCOLM	LYONS	133	1:36:12	112	1:33:54	122	M	35	M40	
730	MARK	NIXON	134	1:36:14	143	1:35:53	123	M	76	MSNR	
1173	DAVID	PRESCOTT	135	1:36:17	145	1:35:59	124	M	36	M40	TRI LAKELAND
1321	JOHN	SKELTON	136	1:36:18	149	1:36:13	125	M	37	M40	
625	DAVID	HOOTON	137	1:36:23	146	1:36:04	126	M	1	M60	RED ROSE ROAD RUNNERS
867	HARRY	TELFORD	138	1:36:26	140	1:35:47	127	M	77	MSNR	
974	RAJAN	NAIR	139	1:36:30	150	1:36:15	128	M	78	MSNR	TYNE BRIDGE HARRIERS
859	NICK	KEALEY	140	1:36:30	136	1:35:28	129	M	79	MSNR	
1120	WARREN	MATTHEWS	141	1:36:31	153	1:36:23	130	M	38	M40	
127	CHRIS	RYAN	142	1:36:32	142	1:35:51	131	M	39	M40	
37	DAVID	MAGRI	143	1:36:34	154	1:36:25	132	M	80	MSNR	
481	MARK	WIGHTMAN	144	1:36:37	159	1:36:31	133	M	81	MSNR	
1341	STEPHANIE	PATTINSON	145	1:36:51	133	1:35:10	12	F	9	FSNR	
593	DAVID	MCMANUS	146	1:36:51	155	1:36:26	134	M	40	M40	WOODSTOCK HARRIERS
563	RICHARD	GRICE	147	1:36:55	108	1:33:28	135	M	82	MSNR	
1243	STEPHANIE	MARSHALL	148	1:36:59	152	1:36:21	13	F	10	FSNR	EDEN RUNNERS
570	ANDY	BAILEY	149	1:37:00	165	1:36:54	136	M	83	MSNR	TRI-LAKELAND
1205	TOM	GREENWOOD	150	1:37:01	163	1:36:53	137	M	84	MSNR	DRAGONS GYM

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1196	CARL	BOWES	151	1:37:06	161	1:36:45	138	M	85	MSNR	
1084	ANDY	PEEL	152	1:37:08	158	1:36:28	139	M	41	M40	
935	DAVID	TOWERS	153	1:37:09	151	1:36:19	140	M	86	MSNR	
118	GRAHAM	LEWIS	154	1:37:10	127	1:34:46	141	M	87	MSNR	
1266	IAN	PIPES	155	1:37:21	169	1:36:59	142	M	88	MSNR	
57	KEVIN	ALLEN	156	1:37:23	170	1:37:09	143	M	89	MSNR	
1353	MICHAEL	HOLLIDAY	157	1:37:25	131	1:35:02	144	M	90	MSNR	
1151	MICHAEL	COOKSON	158	1:37:27	147	1:36:10	145	M	91	MSNR	
1318	ALEX	HEMPTON	159	1:37:27	141	1:35:49	14	F	4	F40	
854	MICHAEL	GRAHAM	160	1:37:34	167	1:36:57	146	M	42	M40	LOW FELL RC
348	MARTIN	GALLAGHER	161	1:37:38	156	1:36:26	147	M	92	MSNR	
1026	JOHN	GREEN	162	1:37:41	168	1:36:58	148	M	13	M50	DUMFRIES RUNNING CLUB
1043	LEANNE	RUDD-EILBECK	163	1:37:44	172	1:37:27	15	F	11	FSNR	ST BEES TRIERS
571	ADAM	PEARSON	164	1:37:49	177	1:37:45	149	M	93	MSNR	
553	BRIAN	CORKHILL	165	1:37:50	138	1:35:45	150	M	43	M40	
279	JOHN	ANDREWARTHA	166	1:37:54	173	1:37:33	151	M	94	MSNR	EDEN RUNNERS
1145	RACHEL	JEFF	167	1:37:59	171	1:37:23	16	F	12	FSNR	UNATTACHED
582	MARK	RUTHERFORD	168	1:38:02	174	1:37:33	152	M	95	MSNR	KESWICK AC
1255	GREG	PAGAN	169	1:38:10	166	1:36:55	153	M	44	M40	
588	ANDREW	CRABTREE	170	1:38:10	139	1:35:46	154	M	96	MSNR	
759	ALISON	ASPINALL	171	1:38:11	175	1:37:34	17	F	13	FSNR	
510	JILL	JEFFERSON	172	1:38:12	181	1:38:03	18	F	1	F50	RED ROSE ROAD RUNNERS
860	DAVID	LIDDLE	173	1:38:21	183	1:38:08	155	M	45	M40	
1101	JONATHAN	ASHWORTH	174	1:38:23	157	1:36:27	156	M	97	MSNR	ELLENBOROUGH
970	DARREN	GLYNN	175	1:38:23	162	1:36:50	157	M	98	MSNR	

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296	DAVID	BURNS	176	1:38:25	148	1:36:11	158	M	46	M40	
1249	CHRIS	DOVE	177	1:38:29	160	1:36:31	159	M	47	M40	
1045	DAVID	POSTILL	178	1:38:40	182	1:38:06	160	M	48	M40	CARLISLE TRI
947	MALACHY	LYNAS	179	1:38:43	184	1:38:18	161	M	99	MSNR	
781	JASON	MCARDLE	180	1:38:48	164	1:36:53	162	M	49	M40	
791	IAN	PHILLIPS	181	1:38:49	178	1:37:55	163	M	50	M40	
1369	JANINE	ALEXANDER	182	1:38:52	179	1:37:59	19	F	14	FSNR	
1111	TONY	HOLLIDAY	183	1:38:57	180	1:38:02	164	M	51	M40	
188	TOM	BROCKLEBANK	184	1:39:13	185	1:38:19	165	M	100	MSNR	
871	PETER	MENZIES	185	1:39:14	176	1:37:42	166	M	52	M40	
323	GARY	RICHARDSON	186	1:39:16	192	1:39:08	167	M	101	MSNR	
30	PAUL	CECCHINI	187	1:39:18	191	1:39:05	168	M	14	M50	
623	NEIL	JAMIESON	188	1:39:18	194	1:39:13	169	M	2	M60	CARLISLE TRI CLUB
673	THOMAS	TAYLOR	189	1:39:29	196	1:39:24	170	M	15	M50	
1302	JESS	GILLON	190	1:39:40	199	1:39:33	20	F	15	FSNR	
540	MALLY	IRVING	191	1:39:41	198	1:39:27	171	M	53	M40	
1227	GARETH	LEE	192	1:39:47	200	1:39:34	172	M	102	MSNR	
931	ANDREW	TURNBULL	193	1:39:47	188	1:38:49	173	M	103	MSNR	TYNEDALE HARRIERS & AC
1155	GRAEME	THOMPSON	194	1:39:53	193	1:39:08	174	M	54	M40	WIGTON ROAD RUNNERS
1152	MATT	COLEBY	195	1:39:55	202	1:39:45	175	M	104	MSNR	
186	DANIEL	MCGUIGAN	196	1:40:07	190	1:38:57	176	M	105	MSNR	
614	GREG	TURNER	197	1:40:08	201	1:39:41	177	M	106	MSNR	
1041	BRIAN	STONEHOUSE	198	1:40:12	203	1:40:06	178	M	3	M60	TYNEDALE HARRIERS
405	GREG	HALL	199	1:40:33	187	1:38:36	179	M	107	MSNR	EDEN RUNNERS
928	JANINE	NEEDHAM	200	1:40:42	210	1:40:26	21	F	16	FSNR	RED ROSE ROAD RUNNERS

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BIB	FORENAME	SURNAME	RANK	GUN TIME	CHIP RANK	CHIP TIME	GEN POS	GENDER	CAT POS	CATEGORY	CLUB
1190	DANIEL	MCVIETY	201	1:40:44	209	1:40:20	180	M	108	MSNR	
26	TERESA	MEDLEY	202	1:40:44	208	1:40:19	22	F	5	F40	BORDER HARRIERS
811	LYNE	VALENTINE	203	1:40:46	211	1:40:31	23	F	2	F50	SUNDERLAND STROLLERS
1236	LISA	POWE	204	1:40:52	216	1:40:35	24	F	17	FSNR	
1237	BRUCE	WALKER	205	1:40:52	212	1:40:32	181	M	16	M50	
808	THOMAS	KELLY	206	1:40:53	197	1:39:24	182	M	109	MSNR	
53	PAUL	RAWLINSON	207	1:40:57	213	1:40:32	183	M	110	MSNR	
615	DARREN	COLLIN	208	1:40:57	219	1:40:39	184	M	111	MSNR	
35	STEPHEN	BRADLEY	209	1:41:03	215	1:40:33	185	M	55	M40	
41	DANIEL	HUNTER	210	1:41:03	207	1:40:18	186	M	112	MSNR	
1025	NINA	GALLONI	211	1:41:04	204	1:40:06	25	F	18	FSNR	
421	BARRY	MESSENGER	212	1:41:11	224	1:40:54	187	M	17	M50	
1189	KIEREN	EWART	213	1:41:14	226	1:40:56	188	M	113	MSNR	
455	DAVID	BOND	214	1:41:16	220	1:40:40	189	M	114	MSNR	LOW FELL RUNNING CLUB
806	MARTIN	SOWERBY	215	1:41:17	222	1:40:48	190	M	115	MSNR	
985	STEVEN	JACKSON	216	1:41:17	234	1:41:13	191	M	116	MSNR	
290	TOBY	HARLING	217	1:41:19	206	1:40:11	192	M	117	MSNR	BORDER HARRIERS
978	JAMES	IRVING	218	1:41:24	231	1:41:04	193	M	118	MSNR	CARLISLE TRI
669	MARK	BARRASS	219	1:41:25	189	1:38:56	194	M	56	M40	
198	JOHN	EVANS	220	1:41:25	221	1:40:47	195	M	57	M40	UNATTACHED
351	PAUL	HARRINGTON	221	1:41:34	229	1:41:01	196	M	58	M40	
438	LESLIE-JAMES	MC DERMENT	222	1:41:43	218	1:40:36	197	M	59	M40	KILMARNOCK HARRIER & A.C
367	KEITH	WEST	223	1:41:48	223	1:40:49	198	M	18	M50	
252	DAVID	BUFFHAM	224	1:41:51	205	1:40:10	199	M	19	M50	UNATTACHED
752	BARRY	WHEELER	225	1:41:57	240	1:41:42	200	M	119	MSNR	RED ROSE ROAD RUNNERS

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565	STUART	LIGHTFOOT	226	1:42:02	243	1:41:49	201	M	120	MSNR	UNATTACHED
54	ANDREW	HULLOCK	227	1:42:02	235	1:41:21	202	M	121	MSNR	
672	TERENCE	MCCABE	228	1:42:04	237	1:41:34	203	M	4	M60	BLYTH RC
368	DANIEL	MULLINDER	229	1:42:04	246	1:41:54	204	M	60	M40	
1115	PAUL	SCHOFIELD	230	1:42:05	239	1:41:36	205	M	122	MSNR	CUMBERLAND AC
823	BARRY	HUITSON	231	1:42:06	217	1:40:35	206	M	123	MSNR	
1061	SARAH	WRIGHT	232	1:42:09	248	1:42:03	26	F	19	FSNR	
1303	DAYLE	ARMSTRONG	233	1:42:18	236	1:41:33	207	M	124	MSNR	
1162	JOANNE	HAZELL	234	1:42:19	245	1:41:52	27	F	20	FSNR	DH RUNNERS
1181	JASON	POLLOCK	235	1:42:19	244	1:41:52	208	M	61	M40	
539	MARK GEOFFREY	HALL	236	1:42:24	241	1:41:46	209	M	62	M40	DUMFRIES HARRIERS
21	RICHARD	HILL	237	1:42:28	186	1:38:29	210	M	63	M40	CARLISLE TRI-CLUB
914	JOHN	BARNES	238	1:42:30	256	1:42:22	211	M	125	MSNR	
265	DAVE	MAUDSLEY	239	1:42:40	258	1:42:24	212	M	64	M40	RED ROSE ROAD RUNNERS
194	GARY	WHETTON	240	1:42:42	261	1:42:30	213	M	126	MSNR	
1343	ANDREW	CARTER	241	1:42:47	249	1:42:03	214	M	65	M40	
1066	PHILIP	STURGESS	242	1:42:50	233	1:41:10	215	M	66	M40	
1068	PAULINE	TYSON	243	1:42:54	257	1:42:23	28	F	6	F40	HOWGILL HARRIERS
667	ADELE	ROCHE	244	1:42:54	259	1:42:24	29	F	3	F50	HOWGILL HARRIER
1297	STEVEN	ROOKE	245	1:42:55	195	1:39:18	216	M	127	MSNR	
187	PAUL	CORCORAN	246	1:42:57	262	1:42:37	217	M	67	M40	
422	STEVIE	SHARP	247	1:42:57	254	1:42:11	30	F	21	FSNR	
828	WILLIAM	LAIDLAW	248	1:43:08	214	1:40:32	218	M	128	MSNR	
1265	GARY	DIXON	249	1:43:14	269	1:43:03	219	M	129	MSNR	
1141	COLIN	MCGONAGLE	250	1:43:16	270	1:43:05	220	M	68	M40	

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342	CAROLE	FEARON	251	1:43:19	252	1:42:06	31	F	22	FSNR	
1057	JAMES	HAYTON	252	1:43:23	230	1:41:02	221	M	130	MSNR	
344	ALAN	YOUNG	253	1:43:29	247	1:41:58	222	M	131	MSNR	
347	GARRY	DODD	254	1:43:30	250	1:42:04	223	M	69	M40	
1258	JANE	GREENING	255	1:43:31	260	1:42:25	32	F	23	FSNR	
22	PAUL	GARDINER	256	1:43:35	232	1:41:08	224	M	132	MSNR	
1333	WAYNE	MURRAY	257	1:43:37	251	1:42:05	225	M	70	M40	
776	CHERYL	PARKIN	258	1:43:37	271	1:43:06	33	F	24	FSNR	LOW FELL RC
899	ANDREW	WALKER	259	1:43:40	263	1:42:42	226	M	133	MSNR	
825	IAN	HUNTER	260	1:43:41	255	1:42:12	227	M	134	MSNR	\
1156	CLAIRE	GRAY	261	1:43:42	273	1:43:12	34	F	7	F40	SHEEPMOUNT RUNNING CLUB
382	ANDREW	CARTER	262	1:43:44	227	1:40:56	228	M	135	MSNR	
1123	MARK	BARTRIP	263	1:43:45	238	1:41:34	229	M	136	MSNR	
942	DAVID	BILLINGTON	264	1:43:46	225	1:40:55	230	M	71	M40	CARLISLE/ASPATRIA AC
89	PAUL	COON	265	1:43:50	279	1:43:25	231	M	137	MSNR	
1199	KATE	JARVIS	266	1:43:50	242	1:41:47	35	F	8	F40	
1325	ANDREW	WALKER	267	1:43:54	284	1:43:33	232	M	20	M50	2823273
821	ANTHONY	IRVING	268	1:43:57	285	1:43:33	233	M	138	MSNR	
639	NICOLA	CARRUTHERS	269	1:44:00	272	1:43:08	36	F	25	FSNR	CARLISLE TRI CLUB
167	LOUISE	RILEY	270	1:44:06	289	1:43:50	37	F	26	FSNR	ST BEES TRIERS
816	CHARLIE	CARNEY	271	1:44:07	253	1:42:07	234	M	72	M40	
886	PAUL	RIPPON	272	1:44:10	275	1:43:19	235	M	139	MSNR	
301	GRAHAM	PETTIE	273	1:44:11	296	1:44:09	236	M	21	M50	
31	PHILIP	BALLANTYNE	274	1:44:12	274	1:43:14	237	M	140	MSNR	
703	ANDREW	HARDINGHAM	275	1:44:15	228	1:40:58	238	M	141	MSNR	

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668	PAUL	ROONEY	276	1:44:17	294	1:44:05	239	M	73	M40	
489	CHRIS	MOSSOP	277	1:44:18	293	1:44:04	240	M	142	MSNR	
936	DEAN	NICHOLSON	278	1:44:20	265	1:42:52	241	M	143	MSNR	
849	PAUL	GREESON	279	1:44:28	280	1:43:25	242	M	74	M40	UNATTACHED
995	ALAN	HODGSON	280	1:44:30	295	1:44:08	243	M	22	M50	
1194	ALAN	PITCHER	281	1:44:32	266	1:42:53	244	M	23	M50	WIGTON ROADRUNNERS
879	JACK	TELFORD	282	1:44:34	291	1:43:54	245	M	144	MSNR	
681	CATHERINE	YOUNG	283	1:44:34	288	1:43:49	38	F	4	F50	BLYTH RC
826	JANET	TREVASKIS	284	1:44:37	267	1:42:56	39	F	9	F40	ARRAGONS TRI CLUB
522	ALEX	MCALL	285	1:44:43	281	1:43:25	246	M	145	MSNR	
991	LAUREN	GRAHAM	286	1:44:45	264	1:42:51	40	F	27	F50	
990	GUY	GRAHAM	287	1:44:45	290	1:43:53	247	M	75	M40	
219	MIKE	BLACKLEY	288	1:44:48	282	1:43:28	248	M	146	MSNR	
495	PHILIP	DAVIDSON	289	1:44:49	300	1:44:32	249	M	24	M50	RED ROSE ROAD RUNNERS
946	RICHARD	POTTER	290	1:44:50	268	1:43:00	250	M	147	MSNR	
1020	JOHN	WOOLRIDGE	291	1:44:55	286	1:43:36	251	M	5	M60	BORDER HARRIERS
1339	PHILLIP	JOHNSTON	292	1:45:01	306	1:44:49	252	M	148	MSNR	
941	DAVID	RICE	293	1:45:05	297	1:44:11	253	M	149	MSNR	KESWICK AC
721	ROBERT	BRUMFITT	294	1:45:12	299	1:44:26	254	M	150	MSNR	
873	ROGER	COWTON	295	1:45:12	278	1:43:22	255	M	76	M40	
980	EMMA	ALPIN	296	1:45:13	311	1:45:03	41	F	10	F40	ALLEN VALLEY STRIDERS
67	NATALIE	BOWMAN	297	1:45:22	304	1:44:45	42	F	28	F50	
1187	FIONA	TODD	298	1:45:22	307	1:44:53	43	F	29	F50	
1135	DIANNE	HALLIDAY	299	1:45:33	310	1:45:01	44	F	5	F50	
856	ADAM	ARMATA	300	1:45:34	301	1:44:33	256	M	151	MSNR	

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984	DAVID	LEGG	301	1:45:45	292	1:44:03	257	M	77	M40	PONTELAND RUNNERS
508	IAN	WILSON	302	1:45:51	313	1:45:15	258	M	152	MSNR	
896	STEVEN	HEWITT	303	1:45:57	277	1:43:19	259	M	153	MSNR	
637	ANDREW	CONVERY	304	1:45:57	276	1:43:19	260	M	154	MSNR	
711	GRAHAM	FRASER	305	1:46:00	322	1:45:51	261	M	6	M60	ALLEN VALLEY STRIDERS
939	JAMES	JOHNSTONE	306	1:46:03	319	1:45:38	262	M	155	MSNR	
271	DANIEL	SCOTT	307	1:46:06	302	1:44:38	263	M	156	MSNR	
1366	HARRY	MASON	308	1:46:14	303	1:44:38	264	M	157	MSNR	
1225	JAMIE	MINETT	309	1:46:16	331	1:46:03	265	M	158	MSNR	
929	SHARON	HALLIBURTON	310	1:46:21	332	1:46:03	45	F	11	F40	UNATTACHED
773	TOM	BROWN	311	1:46:24	315	1:45:22	266	M	25	M50	WIGTON ROAD RUNNERS
81	STEVE	REYNOLDS	312	1:46:28	287	1:43:44	267	M	159	MSNR	
1317	STEPHEN	CAMPBELL	313	1:46:31	336	1:46:11	268	M	160	MSNR	
197	MATTHEW	KENDALL	314	1:46:32	323	1:45:51	269	M	161	MSNR	UNATTACHED
797	ROY	GLEN DINNING	315	1:46:35	338	1:46:18	270	M	162	MSNR	
1248	RICHARD	DOUGLAS	316	1:46:36	309	1:44:57	271	M	78	M40	
952	STEVE	VINEY	317	1:46:38	335	1:46:09	272	M	7	M60	
241	JOSEPH	FELL	318	1:46:44	305	1:44:48	273	M	163	MSNR	EREWASH VALLEY RUNNING CLUB
339	SHANE	SURTEES	319	1:46:46	328	1:45:59	274	M	164	MSNR	
618	KEVIN	BUSH	320	1:46:51	345	1:46:40	275	M	26	M50	
881	NICK	WILSON	321	1:46:52	341	1:46:26	276	M	27	M50	
449	DANIEL	MCCONNELL	322	1:46:58	298	1:44:24	277	M	165	MSNR	
182	BRIAN	LUNN	323	1:47:00	343	1:46:27	278	M	79	M40	
15	WENDY	WHARTON	324	1:47:02	324	1:45:52	46	F	6	F50	
262	WILLIAM	DOIDGE	325	1:47:03	342	1:46:26	279	M	8	M60	LOW FELL R C

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1030	AUDREY	O'KELLY	326	1:47:04	344	1:46:33	47	F	12	F40	CARLISLE TRI CLUB
919	GARETH	O'LEARY	327	1:47:10	308	1:44:53	280	M	166	MSNR	
462	STEWART	MCALLISTER	328	1:47:12	333	1:46:03	281	M	167	MSNR	KILMARNOCK HARRIERS
694	JON	PARKIN	329	1:47:15	317	1:45:33	282	M	168	MSNR	PONTELAND RUNNERS
844	PRADEEP	BHAGAWAN	330	1:47:16	325	1:45:54	283	M	28	M50	CARLISLE TRI CLUB
1332	DAVID	TUCK	331	1:47:18	327	1:45:55	284	M	80	M40	
416	LORNA	GOLD	332	1:47:20	339	1:46:18	48	F	13	F40	
1280	JOHN	BAMFORTH	333	1:47:25	283	1:43:28	285	M	81	M40	
94	ROBERT	CRAIG	334	1:47:26	340	1:46:23	286	M	29	M50	
964	MOLLY	WILKINSON	335	1:47:27	321	1:45:48	49	F	30	FSNR	
1275	DAVID	JAMIESON	336	1:47:28	361	1:47:23	287	M	82	M40	CARLISLE TRI
370	LYNNE	ARMSTRONG	337	1:47:28	329	1:45:59	50	F	14	F40	
356	FRANK	NIGHTINGALE	338	1:47:30	356	1:47:15	288	M	83	M40	RED ROSE ROAD RUNNERS
40	DAVID	GREENWOOD	339	1:47:39	314	1:45:19	289	M	169	MSNR	
648	CHRIS	COLLETT	340	1:47:43	337	1:46:11	290	M	84	M40	UNATTACHED
1310	ALISTAIR	WOODMAN	341	1:47:46	312	1:45:11	291	M	85	M40	
1256	STEPHEN	HARDING	342	1:47:46	352	1:47:06	292	M	170	MSNR	
254	DAVID	MOSSOP	343	1:47:49	358	1:47:18	293	M	86	M40	UNATTACHED
1351	GRAHAM	LEGGETT	344	1:47:50	347	1:46:43	294	M	87	M40	
357	EMMA	DORWARD	345	1:47:51	372	1:47:44	51	F	31	FSNR	UNATTACHED
1204	MICHAEL	TRESTIANU	346	1:47:57	316	1:45:23	295	M	171	MSNR	
831	JOYCE	DAN	347	1:48:03	330	1:46:00	296	M	172	MSNR	
1316	PAUL	HAMMON	348	1:48:04	363	1:47:25	297	M	173	MSNR	
1044	JENNY	FRIEND	349	1:48:05	364	1:47:29	52	F	7	F50	
141	CATHERINE	WILSON	350	1:48:06	365	1:47:32	53	F	32	FSNR	

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996	MARK	CHRISTER	351	1:48:06	351	1:47:03	298	M	88	M40	
140	VICKY	ILLINGWORTH	352	1:48:07	367	1:47:33	54	F	33	FSNR	
851	MARGARET	LUPTON	353	1:48:07	374	1:47:51	55	F	15	F40	RED ROSE ROAD RUNNERS
444	ROSEMARY	MCMILLAN	354	1:48:11	318	1:45:33	56	F	8	F50	KILMARNOCK HARRIER& AC
445	KEN	WALES	355	1:48:11	320	1:45:38	299	M	89	M40	KILMARNOCK HARRIERS
1331	GARETH	BOWLER	356	1:48:11	375	1:47:54	300	M	174	MSNR	ST BEES
698	ROBERT	HUNTER	357	1:48:14	360	1:47:22	301	M	175	MSNR	
566	IVAN	MUCKLE	358	1:48:22	334	1:46:03	302	M	176	MSNR	NIKE FACTORY STORE GRETNA
809	ROBIN	MUMBERSON	359	1:48:29	377	1:48:04	303	M	177	MSNR	
598	ANTHONY	CROPLEY	360	1:48:29	370	1:47:40	304	M	178	MSNR	
1284	CHRIS	SEDDON	361	1:48:42	359	1:47:20	305	M	179	MSNR	
248	ANDY	BICKNELL	362	1:48:46	355	1:47:11	306	M	90	M40	
1140	MATTHEW	TYSON	363	1:48:49	379	1:48:10	307	M	180	MSNR	
479	MARK	DUERDEN	364	1:48:52	373	1:47:48	308	M	91	M40	
1285	PAUL	MCCONNELL	365	1:48:54	353	1:47:09	309	M	181	MSNR	
60	TONY	MILLS	366	1:48:57	366	1:47:32	310	M	92	M40	UNATTACHED
1001	DAVID	HARRISON	367	1:49:06	384	1:48:50	311	M	30	M50	
263	CHRIS	JOHNSTON	368	1:49:07	385	1:48:54	312	M	93	M40	
1273	ANDREW	HICKSON	369	1:49:15	378	1:48:05	313	M	31	M50	
736	GAVIN	GRAHAM	370	1:49:16	348	1:46:48	314	M	182	MSNR	
1223	ALEX	OTTANAN	371	1:49:17	388	1:49:03	315	M	183	MSNR	
403	MARK	BOWRON	372	1:49:21	389	1:49:05	316	M	184	MSNR	
443	JACQUELINE	NEIL	373	1:49:22	349	1:46:48	57	F	34	FSNR	KILMARNOCK HARRIERS
937	BOB	NAJAFI	374	1:49:25	362	1:47:24	317	M	32	M50	LOW FELL RC
789	CLAIRE	FISHER	375	1:49:30	326	1:45:54	58	F	35	FSNR	ST.BEES TRIERS

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BIB	FORENAME	SURNAME	RANK	GUN TIME	CHIP RANK	CHIP TIME	GEN POS	GENDER	CAT POS	CATEGORY	CLUB
1282	CARMEL	BONES	376	1:49:34	392	1:49:09	59	F	16	F40	
585	LIAM	MAYCOCK	377	1:49:42	354	1:47:10	318	M	185	MSNR	
1137	JULIET	GRIEVES	378	1:49:43	368	1:47:34	60	F	17	F40	
595	ELIZABETH	SLATER	379	1:49:44	390	1:49:05	61	F	36	FSNR	
1108	CATHERINE	KEEVIL	380	1:49:47	369	1:47:37	62	F	37	FSNR	
1229	SIMON	HODGSON	381	1:49:55	405	1:49:45	319	M	186	MSNR	
956	PAUL	MOORE	382	1:50:00	386	1:48:54	320	M	187	MSNR	ALLEN VALLEY STRIDERS
136	MATTHEW	BELL	383	1:50:05	398	1:49:24	321	M	188	MSNR	
891	JOANNE	PERCIVAL	384	1:50:09	412	1:50:00	63	F	18	F40	
782	AMANDA	SINGLETON	385	1:50:13	404	1:49:38	64	F	19	F40	EDEN RUNNERS
1344	RACHEL	ADAMSON	386	1:50:15	413	1:50:01	65	F	38	FSNR	TYNE BRIDGE HARRIERS
1220	TOMASZ	ADRIAN	387	1:50:18	395	1:49:17	322	M	189	MSNR	
359	MARTIN	BAINBRIDGE	388	1:50:19	371	1:47:40	323	M	94	M40	
261	TONY	LOPEZ-GOMEZ	389	1:50:19	346	1:46:42	324	M	190	MSNR	
1118	ANDREW	WILLIAMSON	390	1:50:22	382	1:48:37	325	M	191	MSNR	
1027	STEVE	MALLINSON	391	1:50:23	350	1:46:55	326	M	192	MSNR	
1003	LYNN	HUTCHINSON	392	1:50:25	410	1:49:48	66	F	20	F40	
70	JODIE	LAIRD	393	1:50:32	425	1:50:22	67	F	39	FSNR	
490	PAUL	FLETCHER	394	1:50:35	357	1:47:16	327	M	193	MSNR	
465	SI	FRANK	395	1:50:35	383	1:48:39	328	M	194	MSNR	
1040	JAMES TAYLOR	KIDD	396	1:50:44	380	1:48:23	329	M	195	MSNR	
1063	CHRISTOPHER	COOK	397	1:50:46	418	1:50:10	330	M	196	MSNR	
477	WILLIAM	BEALES	398	1:50:46	432	1:50:32	331	M	197	MSNR	
1175	SIMON	KEALEY	399	1:50:51	408	1:49:46	332	M	95	M40	
440	EMMA	SIDWELL	400	1:50:51	407	1:49:46	68	F	40	FSNR	

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49	DION	CROZIER	401	1:50:52	397	1:49:23	333	M	198	MSNR	
685	CHARLOTTE	ALCOCK	402	1:50:58	429	1:50:30	69	F	9	F50	
971	JIM	PAGE	403	1:50:59	419	1:50:12	334	M	96	M40	
906	FELICITY	WATSON	404	1:51:00	376	1:47:58	70	F	41	FSNR	TYNE BRIDGE HARRIERS
1119	ADAM	SCOTT	405	1:51:01	399	1:49:32	335	M	199	MSNR	
138	KATRINA	MCCAUGHAN	406	1:51:03	396	1:49:19	71	F	42	FSNR	
753	GRANT	BRADDOCK	407	1:51:06	402	1:49:35	336	M	200	MSNR	
862	LIZ	FORSYTH	408	1:51:13	434	1:50:44	72	F	21	F40	
799	COLIN	FARNDON	409	1:51:17	387	1:48:59	337	M	97	M40	
1136	STEPHEN	HALLIDAY	410	1:51:22	435	1:50:50	338	M	33	M50	
1350	CRAIG	HOUGHTON	411	1:51:26	422	1:50:20	339	M	98	M40	
63	ANDY	NELSON	412	1:51:33	433	1:50:35	340	M	99	M40	DERWENT AC COCKERMOUTH
1262	PHIL	COOPER	413	1:51:37	430	1:50:30	341	M	201	MSNR	EDEN RUNNERS
1051	D	BRAITHWAITE	414	1:51:41	436	1:50:51	342	M	202	MSNR	
573	VIVIAN	NEWBY	415	1:51:43	424	1:50:21	73	F	22	F40	
200	STEVEN	BEARD	416	1:51:49	446	1:51:35	343	M	203	MSNR	
1306	SARAH	MORLEY	417	1:51:51	406	1:49:45	74	F	23	F40	
19	CRAIG	PARKINSON	418	1:51:54	393	1:49:09	344	M	34	M50	
807	GRACE	DONOVAN	419	1:51:54	409	1:49:46	75	F	43	FSNR	
125	WILLIAM	NIXON	420	1:51:58	400	1:49:32	345	M	35	M50	
1267	MARY	TEMPLE	421	1:51:58	401	1:49:32	76	F	24	F40	
1100	CARL	DEANE	422	1:52:01	442	1:51:18	346	M	100	M40	
902	ANDREW	BEZUSZKO	423	1:52:04	403	1:49:37	347	M	204	MSNR	
644	PAUL	SHARMAN	424	1:52:10	423	1:50:20	348	M	36	M50	
810	SUZANNE	SMITH	425	1:52:12	437	1:51:07	77	F	25	F40	

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453	STUART	BARTIE	426	1:52:14	381	1:48:32	349	M	205	MSNR	
1008	SHEENA	MURRAY	427	1:52:19	416	1:50:02	78	F	26	F40	
558	DAVID	WAINWRIGHT	428	1:52:20	414	1:50:01	350	M	101	M40	
276	PETER	WALLACE	429	1:52:24	451	1:51:45	351	M	206	MSNR	
349	ALEX	DOCTON	430	1:52:26	440	1:51:11	352	M	102	M40	
926	JOHN	OKEY	431	1:52:28	457	1:52:04	353	M	103	M40	
852	RICHARD	LODGE	432	1:52:29	460	1:52:12	354	M	37	M50	RED ROSE ROAD RUNNERS
1241	JULIET	HARRISON	433	1:52:29	411	1:49:56	79	F	44	FSNR	
706	CAROLINE	EVANS	434	1:52:31	427	1:50:23	80	F	45	FSNR	HEADINGTON ROAD RUNNERS
280	MICHAEL	MCSHANE	435	1:52:33	420	1:50:12	355	M	207	MSNR	
396	ALASTAIR	FORBES	436	1:52:39	417	1:50:09	356	M	208	MSNR	
316	SARAH	CHAUDHRI	437	1:52:39	426	1:50:22	81	F	10	F50	CUMBERLAND AC
8	CHRISTOPHER	BAYLISS	438	1:52:39	443	1:51:21	357	M	38	M50	UNATTACHED
712	TIM	COLLINS	439	1:52:41	449	1:51:39	358	M	104	M40	
1242	TONY	ETHERINGTON	440	1:52:46	461	1:52:15	359	M	105	M40	
833	DAMIEN	BYRNE	441	1:52:46	464	1:52:16	360	M	209	MSNR	CARLISLE VILLA AMATUER BOXING
857	TONY	DUNN	442	1:52:46	465	1:52:16	361	M	210	MSNR	CARLISLE VILLA AMATEUR BOXING
606	COLIN	LEVOI	443	1:52:46	438	1:51:08	362	M	39	M50	
754	GARY	BRADDOCK	444	1:52:47	441	1:51:17	363	M	106	M40	
1047	CHRIS	KNOX	445	1:52:48	391	1:49:08	364	M	40	M50	
1104	PAUL	OWEN	446	1:52:53	394	1:49:16	365	M	41	M50	
324	SAMUEL	STARMER	447	1:52:54	415	1:50:01	366	M	211	MSNR	
794	KATE	JOHNSTONE	448	1:52:55	471	1:52:37	82	F	11	F50	KESWICK
1134	HARRY	BERGER	449	1:53:02	452	1:51:48	367	M	107	M40	
1052	D	ROME	450	1:53:05	454	1:51:54	368	M	212	MSNR	

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924	STEVEN	CARR	451	1:53:06	478	1:52:53	369	M	108	M40	
761	PHILIP	MELOY	452	1:53:15	466	1:52:27	370	M	213	MSNR	UNATTACHED
1277	RIA	LAURIE	453	1:53:17	428	1:50:29	83	F	46	FSNR	
1185	CAROLYN	MILLICAN	454	1:53:18	431	1:50:30	84	F	47	FSNR	
987	ROBERT	PATTINSON	455	1:53:20	447	1:51:37	371	M	214	MSNR	
855	AARON	LYONS	456	1:53:22	421	1:50:13	372	M	215	MSNR	
1305	IAN	MCGARRY	457	1:53:25	481	1:53:08	373	M	42	M50	
1186	DANIEL	GILL	458	1:53:27	445	1:51:33	374	M	216	MSNR	
827	CATHERINE	BENT	459	1:53:30	475	1:52:41	85	F	27	F40	
1056	JAROSLAW	MIGAWA	460	1:53:38	472	1:52:37	375	M	109	M40	
1069	MATTHEW	GIDDENS	461	1:53:41	448	1:51:38	376	M	217	MSNR	
876	ALEXANDRA	BATTERSBY	462	1:53:46	488	1:53:31	86	F	48	FSNR	TYNE BRIDGE HARRIERS
641	LOUISE	GRIFFIN	463	1:53:47	473	1:52:37	87	F	28	F40	TYNEDALE HARRIERS
350	CARMEN	DOCTON	464	1:53:48	469	1:52:34	88	F	29	F40	
1322	GEMMA	CARTER	465	1:53:52	455	1:51:56	89	F	49	FSNR	
450	DAVID	HORNE	466	1:54:11	482	1:53:09	377	M	43	M50	NORTH YORKSHIRE POLICE AC
959	STEVEN	TYSON	467	1:54:12	450	1:51:41	378	M	110	M40	
250	HANNAH	BLAND	468	1:54:14	499	1:53:59	90	F	50	FSNR	UNATTACHED
243	PHIL	MOORE	469	1:54:17	458	1:52:11	379	M	111	M40	
1013	DANNY	PITMAN	470	1:54:17	444	1:51:31	380	M	218	MSNR	
1067	JOHN	PALLISTER	471	1:54:18	462	1:52:15	381	M	219	MSNR	
1279	CHRIS	PONISON	472	1:54:20	453	1:51:48	382	M	220	MSNR	
722	SIMON	WILKINSON	473	1:54:23	477	1:52:50	383	M	221	MSNR	
220	CLAIRE	HARRISON	474	1:54:32	468	1:52:31	91	F	51	FSNR	
1184	ANDREW	JORDAN	475	1:54:40	439	1:51:10	384	M	222	MSNR	

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695	MICHAEL	JONES	476	1:54:46	510	1:54:32	385	M	223	MSNR	
1195	WAYNE	JACKSON	477	1:54:46	514	1:54:40	386	M	224	MSNR	
1245	CRAIG	HARPER	478	1:54:47	498	1:53:56	387	M	225	MSNR	
1200	STEPHEN	JARVIS	479	1:54:49	476	1:52:45	388	M	226	MSNR	
1294	GAYLE	FORSTER	480	1:54:53	490	1:53:43	92	F	30	F40	ALLEN VALLEY STRIDERS
251	ANDREW	RUSSELL	481	1:54:55	494	1:53:51	389	M	112	M40	UNATTACHED
1011	JULIE	STORY	482	1:55:01	463	1:52:15	93	F	31	F40	
1239	CELIA	SANDERSON	483	1:55:04	496	1:53:54	94	F	32	F40	ALLEN VALLEY STRIDERS
283	SIMON	ANDREASSEN	484	1:55:04	495	1:53:54	390	M	113	M40	ALLEN VALLEY STRIDERS
1065	ALISTAIR	GRAHAM	485	1:55:05	480	1:53:06	391	M	227	MSNR	
1218	JILL	GARDINER	486	1:55:16	470	1:52:34	95	F	52	FSNR	
483	SARAH JANE	EDWARDS	487	1:55:20	502	1:54:04	96	F	33	F40	CUMBERLAND AC
468	DANNY	ORR	488	1:55:25	513	1:54:39	392	M	228	MSNR	
903	MATTHEW	MURRAY	489	1:55:26	497	1:53:54	393	M	229	MSNR	
771	MARK	ASHTON	490	1:55:28	467	1:52:28	394	M	114	M40	
355	MATTHEW	CAMERON	491	1:55:31	474	1:52:39	395	M	230	MSNR	
38	A	WAUGH	492	1:55:31	506	1:54:19	396	M	231	MSNR	
514	BRENDAN	MCARDLE	493	1:55:34	484	1:53:14	397	M	115	M40	
756	NICOLA	PAXON	494	1:55:37	507	1:54:20	97	F	53	FSNR	KESWICK
27	LISA	VARTY	495	1:55:38	518	1:54:51	98	F	54	FSNR	UNATTACHED
1019	PHIL	HOWE	496	1:55:39	485	1:53:20	398	M	232	MSNR	
877	ANDY	SHARP	497	1:55:40	491	1:53:45	399	M	44	M50	HOLME PIERREPONT RUNNING CLUB
795	JAMES	JOHNSTONE	498	1:55:41	459	1:52:11	400	M	9	M60	KESWIK
310	JAMES	ROBINSON	499	1:55:43	529	1:55:20	401	M	116	M40	
531	STEPHEN	WARWICK	500	1:55:45	530	1:55:22	402	M	117	M40	UNATTACHED

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334	JANE	MOTTRAM	501	1:55:47	487	1:53:29	99	F	12	F50	CUMBERLAND FELL RUNNERS
820	SAM	ALLISON	502	1:55:47	517	1:54:49	100	F	34	F40	
1170	SEAN	MURPHY	503	1:55:52	526	1:55:15	403	M	118	M40	
1365	MARK	WEBSTER	504	1:55:55	479	1:53:05	404	M	233	MSNR	
954	CARLA	NICHOLSON	505	1:55:57	531	1:55:22	101	F	55	FSNR	
840	NEIL	SHEPHERD	506	1:56:01	509	1:54:31	405	M	234	MSNR	
832	KIRSTY	HUNTER	507	1:56:06	489	1:53:31	102	F	56	FSNR	
1059	NICK	WEALLEANS	508	1:56:08	523	1:55:03	406	M	235	MSNR	
1360	LIZ	RAVEN	509	1:56:12	483	1:53:10	103	F	57	FSNR	
604	ALAN	JACKSON	510	1:56:14	500	1:54:01	407	M	119	M40	
636	MICHAEL	ROSS	511	1:56:14	456	1:52:01	408	M	236	MSNR	
486	CAROL	SMITH	512	1:56:15	515	1:54:45	104	F	35	F40	
378	SUSAN	RICHARDSON	513	1:56:15	516	1:54:45	105	F	36	F40	
1131	ANDREW	NOBLE	514	1:56:18	536	1:55:47	409	M	237	MSNR	
1049	PAUL	HUDSON	515	1:56:22	547	1:56:11	410	M	120	M40	
762	RICHARD	LITT	516	1:56:23	546	1:56:08	411	M	238	MSNR	
1169	DALE	HEDLEY	517	1:56:24	542	1:56:01	412	M	239	MSNR	
576	KIMBERLEY	PATTISON	518	1:56:25	537	1:55:47	106	F	58	FSNR	
904	EMMA	GRAHAM	519	1:56:25	532	1:55:26	107	F	59	FSNR	ST BEES TRIERS
1274	CATHERINE	BALLARD	520	1:56:26	492	1:53:47	108	F	60	FSNR	
1159	CLAIRE	BRADLEY	521	1:56:30	501	1:54:02	109	F	37	F40	
1127	NICOLA	LATIMER	522	1:56:32	519	1:54:52	110	F	38	F40	
1128	GREG	KELLY	523	1:56:34	493	1:53:49	413	M	45	M50	
101	BRIAN	PEARCE	524	1:56:36	535	1:55:46	414	M	121	M40	
619	GARRY	DAVIDSON	525	1:56:38	503	1:54:08	415	M	122	M40	

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229	SHARON	GREEN	526	1:56:40	527	1:55:17	111	F	61	FSNR	ST BEES TRIERS
529	DAVID	LITTLE	527	1:56:41	548	1:56:15	416	M	123	M40	UNATTACHED
14	CHRISTOPHER	WINSPEAR	528	1:56:52	552	1:56:25	417	M	124	M40	
1272	SIMON	BROOKS	529	1:56:56	486	1:53:27	418	M	125	M40	
1264	DAVID	HARRISON	530	1:56:58	525	1:55:14	419	M	126	M40	
98	JAMES	BERRY	531	1:57:02	520	1:54:55	420	M	240	MSNR	
883	PETER	DOUTHWAITE	532	1:57:04	511	1:54:32	421	M	241	MSNR	
643	PETER FRANCIS	LEECH	533	1:57:10	521	1:55:00	422	M	10	M60	BORDER HARRIERS
1208	SCOTT	TAYLOR	534	1:57:18	549	1:56:18	423	M	127	M40	
1269	NEIL	BOWE	535	1:57:20	543	1:56:05	424	M	242	MSNR	
1324	TONY	LOWERY	536	1:57:28	512	1:54:37	425	M	128	M40	EDEN RUNNERS
83	JAMIE	GREENWOOD	537	1:57:29	556	1:56:38	426	M	243	MSNR	UNATTACHED
627	FRANCES	LAMB	538	1:57:32	524	1:55:10	112	F	62	FSNR	UNATTACHED
758	SALLY	WALKER	539	1:57:33	522	1:55:00	113	F	63	FSNR	
557	GAVIN	GOODFELLOW	540	1:57:38	505	1:54:15	427	M	244	MSNR	UNATTACHED
556	DUNCAN	NAVEN	541	1:57:38	504	1:54:15	428	M	245	MSNR	
907	AMANDA	TULLY	542	1:57:44	534	1:55:36	114	F	39	F40	
696	MARTYN	GIBSON	543	1:57:50	573	1:57:27	429	M	246	MSNR	
1086	MICHAEL	CONNOR	544	1:57:53	508	1:54:28	430	M	247	MSNR	SPIDER TOE RACING
1334	RAYMOND	STEPHENSON	545	1:57:53	554	1:56:29	431	M	129	M40	
255	DAVID	WARD	546	1:57:59	565	1:57:06	432	M	130	M40	UNATTACHED
2005	CARLISLE	SEA CADETS TEAM	547	1:58:04	578	1:57:48		R	1	REL	
1311	MARTYN	RADCLIFFE	548	1:58:05	564	1:56:56	433	M	131	M40	
675	RICHARD	SMITH	549	1:58:05	539	1:55:54	434	M	132	M40	ANNAN & DISTRICT AC
893	SARAH	PECK	550	1:58:07	555	1:56:35	115	F	40	F40	ST BEES TRIERS

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29	CLARE	HOUGHTON	551	1:58:11	553	1:56:28	116	F	41	F40	
918	PAUL	KIRK	552	1:58:15	541	1:55:58	435	M	248	MSNR	
192	JONATHAN	FORBES	553	1:58:15	567	1:57:10	436	M	249	MSNR	
400	KEVIN	RICHARDSON	554	1:58:18	572	1:57:19	437	M	250	MSNR	
1193	CAROLINE	SMITH	555	1:58:20	540	1:55:57	117	F	64	FSNR	
965	LINDSAY	PATTINSON	556	1:58:25	557	1:56:39	438	M	46	M50	UNATTACHED
603	EDDIE	ROCKS	557	1:58:27	585	1:58:07	439	M	47	M50	
770	CLAIRE	PARK	558	1:58:37	561	1:56:50	118	F	65	FSNR	
1257	STEVE	JOHNSTON	559	1:58:39	593	1:58:31	440	M	133	M40	
925	JON	CARR	560	1:58:40	590	1:58:28	441	M	251	MSNR	
207	CRAIG	THOMSON	561	1:58:41	559	1:56:46	442	M	48	M50	ALLEN VALLEY STRYDERS
429	PAUL	GUY	562	1:58:43	574	1:57:35	443	M	252	MSNR	
133	IAN	BELL	563	1:58:45	588	1:58:22	444	M	253	MSNR	
464	SUE	FRANK	564	1:58:46	560	1:56:49	119	F	13	F50	
338	STUART	WILLIAMSON	565	1:58:47	580	1:57:59	445	M	254	MSNR	
1283	MICHAEL	DAVIDSON	566	1:58:47	528	1:55:17	446	M	255	MSNR	
841	JULIE	TIFFEN	567	1:58:51	589	1:58:23	120	F	42	F40	
769	SARAH	BOXALL	568	1:58:52	582	1:58:04	121	F	66	FSNR	
548	ROSIE	DIAS	569	1:58:59	544	1:56:05	122	F	67	FSNR	
1212	FLORA	BLACKBURN	570	1:59:03	566	1:57:06	123	F	68	FSNR	
1197	SARAH	MCDERMOTT	571	1:59:04	601	1:58:42	124	F	69	FSNR	
1129	SUZANNE	KERR	572	1:59:05	562	1:56:50	125	F	70	FSNR	
858	KEVIN	HOWLAND	573	1:59:08	550	1:56:21	447	M	134	M40	
616	MATTHEW	MCCULLOUGH	574	1:59:09	605	1:58:47	448	M	256	MSNR	
725	RUSSELL	BOWDEN	575	1:59:11	570	1:57:15	449	M	135	M40	

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BIB	FORENAME	SURNAME	RANK	GUN TIME	CHIP RANK	CHIP TIME	GEN POS	GENDER	CAT POS	CATEGORY	CLUB
1263	MARTIN	PHILLIPS	576	1:59:14	538	1:55:50	450	M	136	M40	
1230	LEANNE	NORRIS	577	1:59:18	563	1:56:55	126	F	71	FSNR	CARLISLE TRI
1180	JOHN	CAIRNS	578	1:59:18	551	1:56:21	451	M	137	M40	
20	RICHARD C	RIDLEY	579	1:59:20	571	1:57:15	452	M	257	MSNR	
597	KEDA	JOHNSTONE	580	1:59:22	568	1:57:13	127	F	43	F40	
951	ANTHONY	GRAY	581	1:59:22	610	1:59:11	453	M	258	MSNR	
658	LUCY	HOWARD	582	1:59:22	569	1:57:14	128	F	72	FSNR	
2009	CHARLIE	BAKER-WILLIAMS TE	583	1:59:24	591	1:58:29		R	2	REL	
1090	ADAM	COLLERTON	584	1:59:29	594	1:58:32	454	M	49	M50	
432	ANDREW	MCMANUS	585	1:59:30	545	1:56:06	455	M	259	MSNR	
506	SUSAN	WIGHT	586	1:59:31	598	1:58:36	129	F	73	FSNR	
143	CHRIS	FREER	587	1:59:34	596	1:58:34	456	M	138	M40	
1347	CHRIS	DIXON	588	1:59:39	584	1:58:06	457	M	260	MSNR	
226	EMMA	HENNESSY	589	1:59:41	603	1:58:45	130	F	74	FSNR	ST BEES TRIRS
1291	SHANE	LYNAS	590	1:59:42	611	1:59:16	458	M	261	MSNR	
680	CHRIS	LEES	591	1:59:45	577	1:57:43	459	M	262	MSNR	
1216	STEPHEN	HARBACK	592	1:59:47	606	1:58:54	460	M	50	M50	
743	ADAM	PATTISON	593	1:59:47	602	1:58:43	461	M	263	MSNR	
634	MATTHEW	BELL	594	1:59:51	576	1:57:41	462	M	264	MSNR	
1182	HALEY	MILLICAN	595	1:59:53	597	1:58:34	131	F	75	FSNR	
520	MARK	BARWISE	596	1:59:55	533	1:55:32	463	M	265	MSNR	
1028	LINDSAY	GRAHAM	597	1:59:55	575	1:57:40	464	M	266	MSNR	DH RUNNERS
1166	MARTIN	USHER	598	1:59:58	583	1:58:04	465	M	267	MSNR	
1089	DANIEL	COLLERTON	599	2:00:05	608	1:59:08	466	M	51	M50	
872	SOPHIE	MOSCROP	600	2:00:07	612	1:59:24	132	F	76	FSNR	

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346	IAN	BEATTIE	601	2:00:09	587	1:58:20	467	M	52	M50	
640	ROBERT	ADAMS	602	2:00:15	595	1:58:33	468	M	139	M40	
944	RACHAEL ELIZABETH	THRULOW	603	2:00:18	558	1:56:44	133	F	77	FSNR	
1214	STUART	NATRASS	604	2:00:24	613	1:59:28	469	M	268	MSNR	
1261	MICHAEL	WILSON	605	2:00:39	628	2:00:17	470	M	140	M40	
1116	DANNY	WILKINSON	606	2:00:45	623	2:00:10	471	M	269	MSNR	CARLISLE TRI CLUB
892	GREG	MCKENZIE	607	2:00:49	586	1:58:17	472	M	270	MSNR	
256	NIGEL	FOWLES	608	2:00:56	607	1:58:54	473	M	271	MSNR	
1018	ADAM	VAUGHAN	609	2:01:02	617	1:59:50	474	M	272	MSNR	
660	LOUISE	COULTATE	610	2:01:04	629	2:00:19	134	F	78	FSNR	BLYTH RUNNING CLUB
1023	HUGH	HAMMOND	611	2:01:05	592	1:58:30	475	M	273	MSNR	
785	RACHEL	LONGLEY	612	2:01:07	604	1:58:46	135	F	79	FSNR	
433	KEITH	WEBSTER	613	2:01:10	600	1:58:39	476	M	141	M40	
976	SEBASTIAN	BUSZKO	614	2:01:17	634	2:00:42	477	M	142	M40	
401	CHRISTOPHER	HODGSON	615	2:01:20	633	2:00:30	478	M	274	MSNR	
1192	TRACEY	OWEN	616	2:01:24	622	2:00:09	136	F	80	FSNR	CUMBERLAND AC
452	JACKIE	ASPDEN	617	2:01:27	609	1:59:08	137	F	44	F40	
313	STUART	CAREY	618	2:01:28	579	1:57:50	479	M	275	MSNR	
1163	LYNN	CLEMMITT	619	2:01:34	641	2:01:06	138	F	45	F40	CARLISLE TRI CLUB
552	CHRISTINE	CLUBBS	620	2:01:38	637	2:00:57	139	F	46	F40	WETHERBY RUNNERS AC
139	JENNIFER	ALLAN-RELPH	621	2:01:44	618	1:59:53	140	F	81	FSNR	
451	KENNETH	SHAW	622	2:01:45	581	1:58:01	480	M	276	MSNR	UNATTACHED
677	KRIS	HOWE	623	2:01:54	649	2:01:42	481	M	277	MSNR	
1319	ANDRENE	HAYTON	624	2:01:55	615	1:59:33	141	F	82	FSNR	
2004	I CAAN	TEAM 1	625	2:01:57	599	1:58:38		R	3	REL	

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309	HELEN	GROSE	626	2:02:14	625	2:00:13	142	F	83	FSNR	
160	TRACEY	TELFER	627	2:02:24	619	1:59:53	143	F	47	F40	
1354	STEVEN	BUTTERWORTH	628	2:02:25	616	1:59:39	482	M	143	M40	
163	TRACY	CONNOR	629	2:02:25	621	1:59:54	144	F	84	FSNR	
1209	DAVID	NEILL	630	2:02:27	614	1:59:32	483	M	144	M40	
894	MELANIE	GRAHAM	631	2:02:34	630	2:00:19	145	F	85	FSNR	UNATT
299	FIONA	JARDINE	632	2:02:40	627	2:00:16	146	F	48	F40	DUMFRIES RUNNING CLUB
51	DAVID	COPELAND	633	2:02:43	620	1:59:53	484	M	145	M40	UNATTACHED
1158	KELLIE	BRADBURN-SIMS	634	2:02:44	639	2:01:01	147	F	49	F40	HOWGILL HARRIERS
1095	JODI	HALL	635	2:02:46	660	2:02:32	148	F	86	FSNR	
1094	LYNSEY	SMITH	636	2:02:46	661	2:02:32	149	F	87	FSNR	
800	ANTHONY	WINTLE	637	2:02:50	657	2:02:27	485	M	278	MSNR	
972	KATHERINE	BELL	638	2:03:01	636	2:00:46	150	F	88	FSNR	
178	NICOLE	KENDALL	639	2:03:07	658	2:02:27	151	F	89	FSNR	
798	PETER	IVINSON	640	2:03:11	671	2:03:07	486	M	146	M40	
1079	ROB	STREIT	641	2:03:14	666	2:02:54	487	M	147	M40	
1007	PAUL	THOMPSON	642	2:03:19	648	2:01:41	488	M	53	M50	
701	HELEN	KEYTE	643	2:03:22	655	2:02:20	152	F	1	F60	
953	EMMA	CARR	644	2:03:25	642	2:01:07	153	F	90	FSNR	
1290	DEBORAH	TURNER	645	2:03:25	638	2:00:59	154	F	50	F40	
982	GRAHAM	KIRKPATRICK	646	2:03:31	656	2:02:26	489	M	279	MSNR	
1036	KEVIN	YOUNG	647	2:03:33	650	2:01:44	490	M	280	MSNR	
1037	RACHEL	YOUNG	648	2:03:33	651	2:01:44	155	F	91	FSNR	
154	MARJORIE	WATSON	649	2:03:33	653	2:02:15	156	F	51	F40	
159	ANNA	BIRSCHER	650	2:03:33	654	2:02:16	157	F	52	F40	

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42	DAVID	SMITH	651	2:03:37	624	2:00:10	491	M	281	MSNR	
697	MARK	SMITH	652	2:03:42	631	2:00:27	492	M	148	M40	
242	AMELIA	MOORE	653	2:03:44	646	2:01:38	158	F	92	FSNR	
1022	MARK	HAMMOND	654	2:03:48	643	2:01:13	493	M	54	M50	
185	DAVID LEE	WILKINSON	655	2:03:51	626	2:00:13	494	M	282	MSNR	
874	AMY	PINGUEY	656	2:03:52	645	2:01:16	159	F	53	F40	
1085	DAVID	BAILEY	657	2:03:52	632	2:00:27	495	M	283	MSNR	SPIDER TOE RACING
48	EMMA	WALKER	658	2:03:53	675	2:03:13	160	F	93	FSNR	DERWENT AC
61	PETER	WALKER	659	2:03:53	676	2:03:13	496	M	149	M40	DERWENT AC
1164	MARIA	RENUCCI	660	2:03:59	679	2:03:31	161	F	54	F40	
778	CHRIS	MILLAR	661	2:04:01	640	2:01:03	497	M	284	MSNR	LOW FELL
584	JOANNE	SEDGWICK	662	2:04:13	652	2:01:59	162	F	94	FSNR	HOWGILL HARRIERS
728	ANGELA	WATSON	663	2:04:16	685	2:03:42	163	F	95	FSNR	EDEN RUNNERS
1102	ROSE	TODHUNTER	664	2:04:17	665	2:02:53	164	F	14	F50	ALLEN VALLEY STRIDERS
1091	PIERS	TUPMAN	665	2:04:23	635	2:00:43	498	M	150	M40	
1050	ABIGAIL	BELL	666	2:04:24	684	2:03:37	165	F	96	FSNR	
1278	ANDY	LEESON	667	2:04:25	667	2:02:57	499	M	151	M40	SCUNTHORPE + DISTRICT
17	RACHEL	BLAIR	668	2:04:27	687	2:03:48	166	F	97	FSNR	
555	CHLOE	IRVINE	669	2:04:27	647	2:01:38	167	F	98	FSNR	
664	SEAN	COFFEY	670	2:04:30	692	2:04:05	500	M	152	M40	
744	JUDITH	MOORE	671	2:04:36	672	2:03:08	168	F	55	F40	
1231	LOUISE	RICHARDSON	672	2:04:41	694	2:04:11	169	F	56	F40	
824	ALAN	FISHER	673	2:04:46	701	2:04:26	501	M	153	M40	
969	RICHARD	DOWNHAM	674	2:04:57	662	2:02:47	502	M	55	M50	
884	ANTHONY	NAISBITT	675	2:04:59	678	2:03:26	503	M	56	M50	

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812	STEPHEN	LEWIS	676	2:05:06	644	2:01:13	504	M	154	M40	
719	TRACEY	HARRIS-WILLIAMS	677	2:05:10	695	2:04:15	170	F	57	F40	
875	VANESSA	WALLACE	678	2:05:10	705	2:04:35	171	F	99	FSNR	
645	HEATHER	BURRIDGE	679	2:05:11	707	2:04:40	172	F	58	F40	
172	AUDREY	TURNBULL	680	2:05:22	682	2:03:32	173	F	100	FSNR	EDEN RUNNERS
1356	TOYAH	WOODMAN	681	2:05:26	673	2:03:12	174	F	101	FSNR	
11	HAILEY	FLETCHER	682	2:05:36	668	2:02:57	175	F	102	FSNR	
1077	SUE	WATSON	683	2:05:39	689	2:03:59	176	F	103	FSNR	
979	GARY	ROUTLEDGE	684	2:05:46	715	2:05:22	505	M	155	M40	
545	HEIDI	MARSHALL	685	2:05:49	706	2:04:38	177	F	104	FSNR	
152	EMMA	GILL	686	2:05:50	659	2:02:29	178	F	59	F40	
1148	ROBERT	MCNULTY	687	2:05:50	710	2:05:04	506	M	285	MSNR	
1177	DAVE	GRAHAM	688	2:05:53	711	2:05:04	507	M	286	MSNR	JACUZZI RUNNING CLUB
1178	KARN	MITCHELL	689	2:05:59	708	2:04:43	179	F	105	FSNR	CUMBERLAND AC
866	GARY	HEWER	690	2:06:04	686	2:03:44	508	M	156	M40	
707	CAMERON	AUSTIN-FELL	691	2:06:06	664	2:02:51	509	M	287	MSNR	
933	KIRSTY	ASH	692	2:06:07	720	2:05:39	180	F	60	F40	
846	DARREN	PATTINSON	693	2:06:08	696	2:04:21	510	M	288	MSNR	
686	JONNY	WATSON	694	2:06:08	669	2:03:06	511	M	289	MSNR	
352	THOMAS	BELL	695	2:06:08	677	2:03:17	512	M	57	M50	
1358	DAVID	MACGILWRAY	696	2:06:08	688	2:03:56	513	M	58	M50	
383	PHIL	REYNOLDS	697	2:06:11	709	2:04:55	514	M	157	M40	
932	CLAIRE	TURNBULL	698	2:06:20	697	2:04:24	181	F	61	F40	
819	CHRIS	WILKINS	699	2:06:30	670	2:03:06	515	M	158	M40	
1296	PAUL	ARMSTRONG	700	2:06:31	717	2:05:24	516	M	290	MSNR	

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1029	ELIZABETH	RUSHTON	701	2:06:35	663	2:02:49	182	F	106	FSNR	
567	ROMAN	BULLOCK	702	2:06:37	722	2:05:47	517	M	291	MSNR	
99	NICOLA	IRVING	703	2:06:39	702	2:04:32	183	F	107	FSNR	
916	DARREN	HENDREN	704	2:06:40	693	2:04:07	518	M	292	MSNR	
1287	DAVID	ROBERT	705	2:06:43	674	2:03:12	519	M	159	M40	
1337	CARL	GRAHAM	706	2:06:44	691	2:04:03	520	M	1	M70	HELM HILL
289	KATHRYN	CLOUGH	707	2:06:49	726	2:06:05	184	F	62	F40	
491	LESLIE	FLETCHER	708	2:06:51	680	2:03:31	521	M	59	M50	
1009	NICOLA	FELL	709	2:06:52	725	2:06:04	185	F	108	FSNR	
542	ANDREA	FELL	710	2:06:53	721	2:05:40	186	F	63	F40	CUMBERLAND AC
33	CHARLES	LAMONT	711	2:06:56	728	2:06:22	522	M	160	M40	
1073	HELEN	HARKINS	712	2:06:58	714	2:05:11	187	F	64	F40	
193	CAROLE	STEEL	713	2:06:59	690	2:03:59	188	F	15	F50	
943	PENNY	INGLEDEW	714	2:07:08	683	2:03:34	189	F	109	FSNR	
966	JANE	CHARTERIES	715	2:07:11	740	2:06:55	190	F	65	F40	
967	PAT	FLEMING	716	2:07:12	741	2:06:55	191	F	110	FSNR	
419	MIKE	MINNS	717	2:07:14	681	2:03:31	523	M	293	MSNR	
1293	AIDAN	MCCUBBING	718	2:07:20	736	2:06:47	524	M	294	MSNR	
1292	STEVEN	MCCUBBING	719	2:07:20	735	2:06:47	525	M	161	M40	
3	CRAIG	READ	720	2:07:25	703	2:04:34	526	M	295	MSNR	
1232	SANDRA	DAVIDSON	721	2:07:33	743	2:07:05	192	F	66	F40	CARLISLE TRI
687	SARAH	CATON	722	2:07:38	699	2:04:24	193	F	111	FSNR	CUMBERLAND AC
999	LINDSAY	TODD	723	2:07:38	698	2:04:24	194	F	112	FSNR	
1259	JANINE	OMAHONY	724	2:07:39	716	2:05:23	195	F	113	FSNR	
1064	ROBIN	KITZINGER	725	2:07:40	700	2:04:25	527	M	162	M40	

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441	JACKIE	MCCULLOCH	726	2:07:43	712	2:05:05	196	F	67	F40	KILMARNOCK HARRIEERS
682	SADIE	WOOD	727	2:07:43	724	2:05:56	197	F	114	FSNR	
1139	DEAN	LIGHTFOOT	728	2:07:44	723	2:05:50	528	M	163	M40	
1054	DONNA	MELLING	729	2:07:47	704	2:04:34	198	F	115	FSNR	
156	STEPH	BRENAN	730	2:07:47	729	2:06:23	199	F	68	F40	ST BEES TRIERS
157	MIKE	BRENAN	731	2:07:47	730	2:06:23	529	M	164	M40	
1087	CHRIS	VYVYAN-ROBINSON	732	2:07:54	734	2:06:33	530	M	296	MSNR	
1096	PAUL	BUTTON	733	2:08:20	719	2:05:30	531	M	60	M50	
1033	IAN	HARWOOD	734	2:08:21	744	2:07:06	532	M	165	M40	
659	MIKE	KEATING	735	2:08:34	713	2:05:09	533	M	166	M40	
390	NEIL	BROCKBANK	736	2:08:34	718	2:05:26	534	M	297	MSNR	
1342	MARI	HOLLIDAY	737	2:08:43	756	2:07:54	200	F	116	FSNR	
652	CHARLES	KERSWELL	738	2:08:50	727	2:06:08	535	M	298	MSNR	
533	BRYONY	NICHOLLS	739	2:08:57	752	2:07:44	201	F	117	FSNR	
764	ANDREW	ROTTON	740	2:08:58	737	2:06:49	536	M	61	M50	
834	ALLAN	BUCKLEY	741	2:09:03	765	2:08:42	537	M	2	M70	
217	MICHELLE	ARMSTRONG	742	2:09:07	731	2:06:23	202	F	69	F40	NORTH SHIELDS POLY
963	ANDREW	GOODWILL	743	2:09:09	745	2:07:34	538	M	299	MSNR	
651	RICHARD	HEWITSON	744	2:09:11	748	2:07:36	539	M	300	MSNR	UNATTACHED
1213	NUALA	MCGEE	745	2:09:15	767	2:08:45	203	F	118	FSNR	
189	SAMANTHA	JACKMAN	746	2:09:18	757	2:07:56	204	F	70	F40	
62	SOPHIE	MARSHALL	747	2:09:18	750	2:07:38	205	F	119	FSNR	CARLISLE TRI
1247	KAREN	WINTER	748	2:09:18	753	2:07:46	206	F	16	F50	
1032	LYNN-MARIE	WELCH	749	2:09:19	759	2:08:04	207	F	71	F40	
214	ALEXANDRA	SHARP	750	2:09:23	742	2:07:02	208	F	120	FSNR	

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BIB	FORENAME	SURNAME	RANK	GUN TIME	CHIP RANK	CHIP TIME	GEN POS	GENDER	CAT POS	CATEGORY	CLUB
945	REBECCA	MCKEE	751	2:09:26	763	2:08:37	209	F	121	FSNR	SANDS RUNNERS
709	GLEN	CARRUTHERS	752	2:09:33	738	2:06:49	540	M	62	M50	
463	GRAHAM	DENNEY	753	2:09:35	761	2:08:30	541	M	167	M40	
790	RYAN	WHELPDALE	754	2:09:39	746	2:07:34	542	M	301	MSNR	
786	JERMAINE	WILLAN	755	2:09:39	747	2:07:34	210	F	72	F40	WEST HULL LADIES
973	CAROL	IRVING	756	2:09:42	773	2:09:13	211	F	122	FSNR	
1053	MARK	DEWHURST	757	2:09:51	778	2:09:46	543	M	302	MSNR	
1015	TRACY	BREEDEN	758	2:09:58	776	2:09:35	212	F	73	F40	
1167	SUE	CLASPER	759	2:09:58	775	2:09:35	213	F	74	F40	
751	VICKI	BOYD	760	2:09:59	751	2:07:39	214	F	75	F40	EDEN RUNNERS
1082	SARAH	GRUNDY	761	2:10:01	732	2:06:23	215	F	76	F40	
740	ALLAN	HOWARD	762	2:10:05	733	2:06:28	544	M	63	M50	RED ROSE ROAD RUNNERS
184	WENDY	FORSTER	763	2:10:06	739	2:06:54	216	F	77	F40	
44	TREVOR	MARTIN	764	2:10:13	760	2:08:08	545	M	168	M40	
765	STEPHEN	BARNARD	765	2:10:16	755	2:07:51	546	M	169	M40	
1088	MARGARET	WALKE	766	2:10:16	769	2:08:53	217	F	17	F50	ALLEN VALLEY STRIDERS
1176	MR	ROB	767	2:10:41	787	2:10:14	547	M	64	M50	UNATTACHED
1039	REBECCA	REYNOLDS	768	2:10:43	770	2:08:57	218	F	123	FSNR	
1146	SUSAN	HOLLIDAY	769	2:10:43	779	2:09:49	219	F	78	F40	
24	MEL	WARWICK	770	2:10:49	781	2:09:54	220	F	124	FSNR	SANDS CENTRE RUNNING CLUB
1107	LINN IREN	FLEBU	771	2:10:50	749	2:07:36	221	F	125	FSNR	
1191	SUZY	DORAN	772	2:10:51	790	2:10:30	222	F	126	FSNR	
387	ANTHONY	MCMINN	773	2:10:52	758	2:07:57	548	M	170	M40	
1113	SIGITA	RAGAZINSKAITE	774	2:11:03	793	2:10:39	223	F	127	FSNR	
594	ELEANOR	SUTTON	775	2:11:11	768	2:08:46	224	F	128	FSNR	

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436	HELEN	EDWARDS	776	2:11:14	780	2:09:51	225	F	18	F50	ALLEN VALLEY STRIDERS
1252	JODIE	FOSTER	777	2:11:18	754	2:07:47	226	F	129	FSNR	
577	JANET	FLINTOFT	778	2:11:19	762	2:08:32	227	F	130	FSNR	
475	RICHARD	KERSWELL	779	2:11:21	764	2:08:39	549	M	303	MSNR	
253	KIRSTIE	SOMERVILLE	780	2:11:23	777	2:09:40	228	F	131	FSNR	
1042	BENJAMIN	PAXON	781	2:11:24	785	2:10:07	550	M	304	MSNR	
587	NICOLA	GORRILL	782	2:11:26	766	2:08:44	229	F	132	FSNR	
287	GILLIAN	DEVEREUX	783	2:11:45	784	2:10:06	230	F	133	FSNR	
692	GEORGINA	FARRER	784	2:11:50	782	2:09:56	231	F	134	FSNR	
88	DANIEL	HUGHES	785	2:11:56	796	2:11:11	551	M	305	MSNR	UNATTACHED
521	CLAIRE	EASTON	786	2:12:08	792	2:10:32	232	F	79	F40	UNATTACHED
112	GARY	TOMLINSON	787	2:12:21	771	2:09:01	552	M	171	M40	
492	MARJORIE	HELME	788	2:12:22	783	2:10:05	233	F	2	F60	
880	PETRINA	SIDEBOTTOM	789	2:12:35	774	2:09:25	234	F	135	FSNR	
409	BEN	TICKLE	790	2:12:41	794	2:10:58	553	M	306	MSNR	
428	JADE	HODGSON	791	2:12:44	772	2:09:12	235	F	136	FSNR	
208	SARAH	WARING	792	2:12:46	805	2:12:02	236	F	80	F40	
763	OLIVER	LURZ	793	2:12:50	795	2:10:58	554	M	307	MSNR	
580	JULIE	DOCHERTY	794	2:12:51	786	2:10:13	237	F	137	FSNR	MOONEY MOTIVATORS
1010	HELEN	FELL	795	2:13:08	809	2:12:20	238	F	138	FSNR	
327	RYAN	SCOTTER	796	2:13:11	788	2:10:28	555	M	308	MSNR	
340	BEN	BRINICOMBE	797	2:13:11	789	2:10:29	556	M	309	MSNR	
425	MALCOLM	PIGG	798	2:13:15	800	2:11:30	557	M	310	MSNR	
1367	LINZI	DONALD	799	2:13:16	799	2:11:29	239	F	139	FSNR	
223	SUSAN	DENHAM-SMSITH	800	2:13:21	806	2:12:02	240	F	81	F40	CUMBERLAND AC

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1078	HELEN	SLEE	801	2:13:23	791	2:10:31	241	F	19	F50	
890	BILL	KIRKPATRICK	802	2:13:24	810	2:12:22	558	M	3	M70	
1080	MARIE	JACKSON	803	2:13:27	822	2:13:20	559	M	311	MSNR	
898	ABBEY	FOY	804	2:13:31	803	2:12:00	242	F	140	FSNR	
917	JOHN	HENDREN	805	2:14:02	801	2:11:31	560	M	172	M40	
1224	DAVID	HABRIS	806	2:14:07	831	2:13:54	561	M	312	MSNR	
1149	PHIL	BUXTON	807	2:14:16	797	2:11:20	562	M	313	MSNR	
1150	DAVE	ROGERS	808	2:14:16	798	2:11:21	563	M	65	M50	
511	HANNAH	MUIRHEAD	809	2:14:18	811	2:12:25	243	F	141	FSNR	
927	LEO	PONTON	810	2:14:52	817	2:12:52	564	M	66	M50	
723	TERENCE	HARMSE	811	2:14:58	821	2:13:18	565	M	314	MSNR	CARLISLE TRI
332	CLAIRE	BORRADAILE	812	2:14:59	807	2:12:19	244	F	142	FSNR	
225	CAROLYN	HELLIWELL	813	2:14:59	808	2:12:19	245	F	143	FSNR	
676	YVONNE	BEATHAM	814	2:15:10	819	2:12:56	246	F	82	F40	
148	LINDSAY	BROWN	815	2:15:16	802	2:11:50	247	F	144	FSNR	
1171	ANDREW	COLEMAN	816	2:15:20	812	2:12:26	566	M	315	MSNR	
1172	ALAN	HOWLETT	817	2:15:21	813	2:12:26	567	M	173	M40	
630	ANGIE	MILLER	818	2:15:23	820	2:13:03	248	F	20	F50	
1144	GILIAN	FINLINSON	819	2:15:24	815	2:12:49	249	F	145	FSNR	
1143	HELEN	STARKEY	820	2:15:24	816	2:12:50	250	F	83	F40	
2006	EDEN VALLEY HOSPICE	RELAY TEAM	821	2:15:30	825	2:13:37		R	4	REL	
957	PATRICK	HALL	822	2:15:33	814	2:12:36	568	M	316	MSNR	
1132	EMILY	ALSTON	823	2:15:35	804	2:12:00	251	F	146	FSNR	
328	YANN	DOLEYRES	824	2:15:41	824	2:13:36	569	M	317	MSNR	
435	CATRIONA	KINGHAN	825	2:15:44	829	2:13:51	252	F	147	FSNR	

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631	RACHEL	STEVENSON	826	2:15:45	830	2:13:51	253	F	148	FSNR	
79	EMMA	FORRESTER	827	2:15:56	835	2:14:09	254	F	149	FSNR	
968	GILLIAN	MACKAY	828	2:16:03	848	2:15:06	255	F	150	FSNR	ST BEES TRIERS
402	LAYLA	HORKY	829	2:16:05	852	2:15:16	256	F	151	FSNR	UNATTACHED
989	BEA	TOBOLEWSKA	830	2:16:07	837	2:14:12	257	F	84	F40	
77	VICKY	KENDALL	831	2:16:08	838	2:14:19	258	F	152	FSNR	
1038	JANE	RATCLIFFE	832	2:16:09	832	2:14:01	259	F	85	F40	
1071	JULIE	SMITH	833	2:16:13	846	2:14:52	260	F	86	F40	
1062	JULIE	EGGLESTONE	834	2:16:13	847	2:14:53	261	F	87	F40	
410	IAN	ANDERSON	835	2:16:13	859	2:15:49	570	M	67	M50	
632	RUTH	BAKER	836	2:16:13	843	2:14:45	262	F	153	FSNR	
633	DARREN	HALL	837	2:16:14	823	2:13:31	571	M	318	MSNR	
1014	SHAHRIN	NOH	838	2:16:16	826	2:13:37	572	M	319	MSNR	
408	LEANNE	DONALD	839	2:16:18	841	2:14:33	263	F	154	FSNR	
1076	RORY	PALLISTER	840	2:16:20	833	2:14:07	573	M	320	MSNR	
209	GEOFF	RENYARD	841	2:16:24	854	2:15:25	574	M	68	M50	
336	BRIAN	DOWNIE	842	2:16:27	827	2:13:39	575	M	321	MSNR	
1165	MICHELLE	HAMMOND	843	2:16:28	857	2:15:30	264	F	88	F40	
1002	SONIA	HAMILTON	844	2:16:28	856	2:15:30	265	F	89	F40	
196	ANDREA	YOUNG	845	2:16:28	855	2:15:30	266	F	90	F40	
1093	DANIEL	QUIRKE	846	2:16:33	818	2:12:54	576	M	322	MSNR	
446	IAN	LOGAN	847	2:16:55	840	2:14:23	577	M	69	M50	KILMARNOCK HARRIERS
822	STEVE	CAMPBELL	848	2:17:01	836	2:14:10	578	M	70	M50	
473	KERRYANNE	WAITE	849	2:17:04	866	2:16:11	267	F	155	FSNR	
480	LESLEY	CULLEN	850	2:17:04	867	2:16:11	268	F	91	F40	

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4	KELLY	GULLEN	851	2:17:06	858	2:15:40	269	F	92	F40	
1228	SAM	NORMAN	852	2:17:10	875	2:16:57	579	M	323	MSNR	
175	CLAIRE	REED	853	2:17:18	863	2:15:55	270	F	93	F40	
165	DIANA	MORGAN	854	2:17:22	864	2:16:04	271	F	94	F40	UNATTACHED
164	KATE	GLENCROSS	855	2:17:22	869	2:16:46	272	F	156	FSNR	
605	LOUISA	LEVOI	856	2:17:30	862	2:15:52	273	F	95	F40	
599	JENNIFER	OBRIEN	857	2:17:38	828	2:13:43	274	F	157	FSNR	UNATTACHED
901	GARY	HUNTER	858	2:17:39	851	2:15:13	580	M	324	MSNR	
1226	ALLAN	CROSBY	859	2:17:51	885	2:17:39	581	M	325	MSNR	
738	LEE	THOMSON	860	2:17:55	839	2:14:20	582	M	326	MSNR	
203	MARK	EVANS	861	2:17:57	834	2:14:07	583	M	327	MSNR	
679	FRANCOIS	CARTANT	862	2:17:59	876	2:16:59	584	M	328	MSNR	
424	KERRY	HARDEN	863	2:17:59	850	2:15:09	275	F	158	FSNR	
315	JULIE	WOODING	864	2:18:00	849	2:15:06	276	F	96	F40	
678	JOANNE	GOLDIE	865	2:18:00	877	2:17:00	277	F	159	FSNR	
693	CHRISTINE	HITCHINS	866	2:18:02	842	2:14:33	278	F	160	FSNR	
1328	JOHN	CHILTON	867	2:18:09	879	2:17:05	585	M	174	M40	
992	LINDSAY	PHILLIPS	868	2:18:10	880	2:17:06	586	M	175	M40	
132	KAREN	FINLINSON	869	2:18:13	871	2:16:51	279	F	97	F40	
747	CANDICE	REEVES	870	2:18:23	845	2:14:51	280	F	161	FSNR	
755	JULIET	GIECCO	871	2:18:23	844	2:14:51	281	F	162	FSNR	
128	CHLOE	ROBINSON	872	2:18:30	884	2:17:31	282	F	163	FSNR	
2001	GILLIE YOUNG	TEAM	873	2:18:35	865	2:16:10		R	5	REL	
628	RUTH	FORSTER	874	2:18:45	872	2:16:51	283	F	164	FSNR	
612	CLAIRE	HAUGHAN	875	2:18:49	881	2:17:08	284	F	165	FSNR	

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509	MICHEALS	ROBSON	876	2:18:53	853	2:15:23	587	M	176	M40	
397	SARAH	DODD	877	2:18:59	890	2:18:06	285	F	166	FSNR	UNATTACHED
398	FIONA	MURRAY	878	2:19:00	891	2:18:07	286	F	167	FSNR	UNATTACHED
1352	DEBORAH	REDMOND	879	2:19:06	870	2:16:47	287	F	21	F50	CUMBERLAND AC
2002	KESWICK HOCKEY	TEAM 1	880	2:19:09	860	2:15:49		R	6	REL	
2003	KESWICK HOCKEY	TEAM 2	881	2:19:10	861	2:15:49		R	7	REL	
1016	AMANDA	KIRTLEY	882	2:19:12	896	2:18:42	288	F	98	F40	CARLISLE TRI
934	KAREN	CAVANAGH	883	2:19:28	892	2:18:07	289	F	99	F40	CUMBERLAND AC
373	JAMES	DAVIS	884	2:19:31	874	2:16:55	588	M	329	MSNR	
654	ANDREW	COPE	885	2:19:34	901	2:19:25	589	M	177	M40	
2007	I CAAN	TEAM 2	886	2:19:35	868	2:16:11		R	8	REL	
655	JOHN	GRACE	887	2:19:35	902	2:19:25	590	M	330	MSNR	
733	STEVEN	STORY	888	2:19:47	873	2:16:54	591	M	178	M40	
735	ALLISON	RANKIN	889	2:19:56	886	2:17:41	290	F	22	F50	
168	LIZ	POLKEY	890	2:19:56	887	2:17:42	291	F	100	F40	
962	LAURENCE	LUCKHAM	891	2:19:59	888	2:17:50	292	F	101	F40	
1034	ANDREW	ROGERS	892	2:20:00	897	2:18:49	592	M	179	M40	
838	GEORGE	LITTLE	893	2:20:02	878	2:17:03	593	M	71	M50	
607	MIKE	ATKINSON	894	2:20:14	905	2:20:07	594	M	72	M50	
839	PETER	MARSHALL	895	2:20:34	898	2:19:16	595	M	180	M40	
988	JENNI	BARROWCLOUGH	896	2:20:43	893	2:18:15	293	F	168	FSNR	
715	EAMONN PATRICK	GALLAGHER	897	2:20:43	889	2:17:54	596	M	181	M40	
814	MARK	WALTON	898	2:20:46	883	2:17:19	597	M	73	M50	
815	HAZEL	KENNEDY	899	2:20:46	882	2:17:19	294	F	23	F50	
1121	DANIEL	BENNETT	900	2:20:53	894	2:18:17	598	M	331	MSNR	

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116	JO	HUTCHINSON	901	2:21:06	909	2:20:19	295	F	3	F60	CARLISLE TRI CLUB
530	CAROLE	BURNIE	902	2:21:14	904	2:19:53	296	F	24	F50	CUMBERLAND AC
358	HELEN	BAINBRIDGE	903	2:21:18	895	2:18:39	297	F	169	FSNR	
1133	KATH	SAUNDERS	904	2:21:55	914	2:21:08	298	F	25	F50	
1201	JADE	CONCANNON	905	2:22:14	912	2:20:53	299	F	170	FSNR	
1288	FIONA	WHARTON	906	2:22:25	906	2:20:10	300	F	171	FSNR	
671	CAROL	HARVEY	907	2:22:28	900	2:19:19	301	F	26	F50	WIGTON ROAD RUNNERS
1234	MARTIN	WANNOP	908	2:22:32	899	2:19:16	599	M	182	M40	
55	JANE	OAKLEY	909	2:22:44	913	2:21:01	302	F	102	F40	HOWGILL HARRIERS
1126	EMMA	DODD	910	2:22:53	907	2:20:11	303	F	172	FSNR	
1125	SARAH	SPIRES	911	2:22:53	908	2:20:12	304	F	173	FSNR	
1046	MARTIN	BURNS	912	2:23:00	915	2:21:19	600	M	74	M50	
155	DEBBIE-ANN	HARWOOD	913	2:23:09	917	2:21:48	305	F	103	F40	
912	TRISTAN	REID	914	2:23:29	903	2:19:35	601	M	332	MSNR	
746	DUNCAN	EWART	915	2:23:53	926	2:22:42	602	M	183	M40	
784	ZOE	BLACKWELL	916	2:23:54	910	2:20:40	306	F	174	FSNR	
110	DENENE	KERR	917	2:23:55	911	2:20:41	307	F	175	FSNR	
1031	SARAH	FAIRLAMB	918	2:23:59	920	2:22:19	308	F	104	F40	
215	LOUISE	SOONES	919	2:24:13	922	2:22:25	309	F	176	FSNR	
331	ALEXANDRA	ROBINSON	920	2:24:39	919	2:22:01	310	F	105	F40	
266	STEVEN	DIXON	921	2:24:43	941	2:24:15	603	M	184	M40	
82	CHELSEY	GREENWOOD	922	2:24:47	938	2:23:56	311	F	177	FSNR	
670	IAN	HARVEY	923	2:25:06	918	2:21:57	604	M	75	M50	WIGTON ROAD RUNNERS
1103	SHARRON	CATON	924	2:25:14	916	2:21:36	312	F	178	FSNR	
788	ROBERT	HOPE	925	2:25:17	925	2:22:34	605	M	11	M60	

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BIB	FORENAME	SURNAME	RANK	GUN TIME	CHIP RANK	CHIP TIME	GEN POS	GENDER	CAT POS	CATEGORY	CLUB
611	SIMON	WILLIAMS	926	2:25:26	923	2:22:26	606	M	185	M40	
1355	GARY	MCKEE	927	2:25:35	927	2:22:50	607	M	186	M40	
318	SUSAN	SCOTT	928	2:25:53	924	2:22:26	313	F	27	F50	
1253	SUSAN	MITTON	929	2:25:54	933	2:23:28	314	F	106	F40	
923	DAWN	SLATER	930	2:26:02	921	2:22:24	315	F	28	F50	
1097	EMMA	POMFRET	931	2:26:18	928	2:23:06	316	F	179	F50	SHEEPMOUNT RC
1346	NICHOLAS	HUDE	932	2:26:26	932	2:23:27	608	M	187	M40	
1345	JIM	ROONEY	933	2:26:26	931	2:23:27	609	M	188	M40	
286	HEATHER	SWAINSON	934	2:26:34	946	2:24:34	317	F	180	F50	
768	LAURA	CAIRNS	935	2:26:45	958	2:26:20	318	F	181	F50	
887	ANDREW	BAILEY	936	2:26:46	953	2:25:55	610	M	189	M40	
1081	ANDREW	YOUNG	937	2:26:48	929	2:23:20	611	M	333	MSNR	
179	CLAIRE	PURDHAM	938	2:26:50	935	2:23:34	319	F	182	F50	
147	GILL	DIXON	939	2:26:50	934	2:23:34	320	F	183	F50	
52	ANDREW	BRADSHAW	940	2:27:11	930	2:23:21	612	M	334	MSNR	
321	SAMANTHA	CORRIE	941	2:27:20	936	2:23:49	321	F	107	F40	
341	ELAINE	SLATER	942	2:27:24	939	2:23:58	322	F	108	F40	
317	DEBBIE	FERGUSON	943	2:27:24	940	2:23:59	323	F	109	F40	
716	DANIEL	McCLENAHAN	944	2:27:26	943	2:24:29	613	M	335	MSNR	
718	ROBERT	LITTLE	945	2:27:26	944	2:24:30	614	M	336	MSNR	
717	PHILIP	BOLTON	946	2:27:27	945	2:24:30	615	M	337	MSNR	
1221	MARTYN	KEY	947	2:27:34	967	2:27:08	616	M	190	M40	
2	DOROTHY	THOMPSON	948	2:27:36	956	2:26:10	324	F	29	F50	
1368	JEN	GLENDINNING	949	2:27:38	937	2:23:55	325	F	110	F40	
2008	I CANN	TEAM 3	950	2:27:40	942	2:24:16		R	9	REL	

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BIB	FORENAME	SURNAME	RANK	GUN TIME	CHIP RANK	CHIP TIME	GEN POS	GENDER	CAT POS	CATEGORY	CLUB
485	CHRIS	BUCK	951	2:27:55	973	2:27:41	617	M	338	MSNR	
218	ALISON	GOULD	952	2:27:56	950	2:25:12	326	F	184	FSNR	
836	SUE	HUNTER	953	2:28:02	957	2:26:12	327	F	185	FSNR	
5	GEORGE	SHADWICK	954	2:28:08	965	2:26:41	618	M	12	M60	
476	SIOBHAN	CARROLL	955	2:28:10	947	2:24:39	328	F	186	FSNR	
502	ROSIE	MCDAIRMANT	956	2:28:20	952	2:25:40	329	F	187	FSNR	
609	DIANE	AITCHISON	957	2:28:28	948	2:24:58	330	F	188	FSNR	
610	LOUISE	MCMILLAN	958	2:28:28	949	2:24:58	331	F	189	FSNR	
748	MAGGIE	PAGAN	959	2:28:29	963	2:26:37	332	F	111	F40	UNATTACHED
742	THOMAS	FORTUNE	960	2:28:32	960	2:26:35	619	M	13	M60	
447	JUDY	REYNOLDS	961	2:28:33	951	2:25:17	333	F	30	F50	BODYFIT PERSONAL TRAINING COCK
1142	SARAH	SPROAT	962	2:28:33	961	2:26:35	334	F	190	FSNR	
1246	PHILIP	PRATT	963	2:28:40	962	2:26:36	620	M	191	M40	
1072	GRAHAM	SMITH	964	2:28:51	964	2:26:40	621	M	192	M40	
1070	DAVID	PRING	965	2:29:02	969	2:27:18	622	M	339	MSNR	
303	SYLVIA	ATKINSON	966	2:29:07	966	2:26:46	335	F	112	F40	
684	MELISSA	ANDREWS	967	2:29:11	977	2:28:51	336	F	191	FSNR	
73	KATE	MOFFAT	968	2:29:14	970	2:27:21	337	F	192	FSNR	
461	BRIAN	MULLEN	969	2:29:17	979	2:29:10	623	M	193	M40	
1179	JOHN	TRENELL	970	2:29:30	974	2:28:11	624	M	194	M40	
9	JENNA	TAYLOR	971	2:29:32	959	2:26:31	338	F	193	FSNR	
691	CAROLINE	HETHERINGTON	972	2:29:34	954	2:26:05	339	F	194	FSNR	
737	KAREN	MILBURN	973	2:29:34	955	2:26:05	340	F	195	FSNR	
796	ANDREW	SELLARS	974	2:29:42	976	2:28:40	625	M	195	M40	
562	KARL	CHAMLEY	975	2:29:56	968	2:27:15	626	M	76	M50	

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369	VICTORIA	WATSON	976	2:30:07	982	2:29:44	341	F	113	F40	
869	FIONA	PARK	977	2:30:12	989	2:29:57	342	F	31	F50	
1006	NELSON	GREEG	978	2:30:19	971	2:27:32	627	M	77	M50	
1335	NATALIE	BODE	979	2:30:33	980	2:29:19	343	F	196	FSNR	
13	LINDSAY	BISHOP	980	2:30:33	972	2:27:32	344	F	197	FSNR	
526	NICOLA	ARMSTRONG	981	2:31:02	1001	2:30:53	345	F	198	FSNR	
345	HELEN	SANT	982	2:31:13	975	2:28:23	346	F	114	F40	
515	JANET	MCARDLE	983	2:31:14	978	2:28:56	347	F	199	FSNR	
493	TONY	HELME	984	2:32:28	994	2:30:12	628	M	14	M60	
1348	MICHAEL	ROUGHLEY	985	2:32:34	997	2:30:35	629	M	340	MSNR	
320	MATTHEW	WANING	986	2:32:34	998	2:30:36	630	M	341	MSNR	
993	NATHAN	MAJOR	987	2:32:45	983	2:29:49	631	M	342	MSNR	HM COASTGUARD - WHITEHAVEN
994	PAUL	PATER	988	2:32:45	984	2:29:49	632	M	78	M50	
1055	PETER	SEMPIE	989	2:32:45	985	2:29:49	633	M	343	MSNR	WHITEHAVEN COASTGUARD
1300	TAMMY	LENNOX	990	2:32:54	1005	2:31:17	348	F	200	FSNR	
1299	MARTIN	SCHATZ	991	2:32:54	1004	2:31:17	634	M	344	MSNR	
661	ANDREW	MAGUIRE	992	2:32:55	991	2:30:01	635	M	196	M40	UNATTACHED
663	KAREN	MAGUIRE	993	2:32:56	993	2:30:03	349	F	115	F40	UNATTACHED
1153	HEIDI	MARTIN	994	2:33:00	981	2:29:24	350	F	201	FSNR	ST BEES TRIERS
292	AMANDA	IREDALE	995	2:33:04	990	2:30:00	351	F	202	FSNR	
394	KERRIE	IREDALE	996	2:33:04	992	2:30:01	352	F	203	FSNR	
1298	COLIN	NOBLE	997	2:33:18	1015	2:32:58	636	M	197	M40	
574	ANGELA	EDGAR	998	2:33:25	1006	2:31:18	353	F	204	FSNR	
231	ANNE	MOORE	999	2:33:31	1010	2:32:04	354	F	116	F40	
86	RUTH	FORRESTER	1000	2:33:35	1009	2:31:48	355	F	205	FSNR	

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BIB	FORENAME	SURNAME	RANK	GUN TIME	CHIP RANK	CHIP TIME	GEN POS	GENDER	CAT POS	CATEGORY	CLUB
311	REBECCA	MCCLAY	1001	2:33:44	1014	2:32:41	356	F	206	FSNR	
908	PATRICK	WOLSTENHOLME	1002	2:33:45	986	2:29:53	637	M	198	M40	
549	JUNE	MELLOR	1003	2:33:46	988	2:29:53	357	F	117	F40	
80	STUART	LOCKWOOD	1004	2:33:46	987	2:29:53	638	M	199	M40	
981	LAUREN	BOWMAN	1005	2:34:01	1002	2:31:01	358	F	207	FSNR	
998	CHRISTINE	POPE	1006	2:34:04	996	2:30:31	359	F	32	F50	
997	DOUGLAS	POPE	1007	2:34:04	995	2:30:31	639	M	15	M60	
1114	EMMA	DIXON	1008	2:34:17	1013	2:32:40	360	F	208	FSNR	
749	TRACY	JOHNSTON	1009	2:34:22	1012	2:32:28	361	F	118	F40	
430	JULIE	HOLLIS	1010	2:34:22	1008	2:31:32	362	F	119	F40	UNATTACHED
1154	KATHRYN	HILL	1011	2:34:23	999	2:30:48	363	F	209	FSNR	
1075	JOANNE	FEE	1012	2:34:23	1000	2:30:48	364	F	120	F40	
613	STEVEN	LAWSON	1013	2:34:27	1007	2:31:29	640	M	345	MSNR	
494	CAROLINE	PARKER	1014	2:35:07	1003	2:31:16	365	F	33	F50	
913	STUART	ARMSTRONG	1015	2:35:07	1018	2:33:08	641	M	346	MSNR	
1098	JACQUI	REED	1016	2:35:17	1011	2:32:06	366	F	210	FSNR	SHEEPMOUNT RC
210	KATE	MATTHEWS	1017	2:36:30	1023	2:35:02	367	F	121	F40	
375	ANDY	FINN	1018	2:36:38	1020	2:33:12	642	M	347	MSNR	
1359	JAMIE	MACGILLWRAY	1019	2:36:42	1022	2:34:30	643	M	348	MSNR	
1092	ADAM	QUIRKE	1020	2:36:43	1017	2:33:03	644	M	79	M50	
285	ALAN	COATES	1021	2:36:48	1019	2:33:11	645	M	16	M60	
1124	LAUREN	PAISLEY	1022	2:36:50	1021	2:33:52	368	F	211	FSNR	
18	REBECCA	JOHNSTONE	1023	2:36:51	1025	2:36:11	369	F	212	FSNR	
1286	DAVID	PARZER	1024	2:36:52	1016	2:33:02	646	M	80	M50	
503	ANDREW	SPROAT	1025	2:36:52	1026	2:36:30	647	M	349	MSNR	

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1349	JENNIFER	MARRS	1026	2:37:43	1024	2:35:45	370	F	213	FSNR	
688	JANETTE	KILGOUR	1027	2:37:44	1035	2:37:27	371	F	4	F60	HEATON HARRIERS
1320	FRANCESCA	LALD	1028	2:38:17	1027	2:36:47	372	F	34	F50	ST BEES TRILERS
426	SALLY	RITSON	1029	2:38:35	1030	2:36:59	373	F	214	FSNR	
1005	LISA	WAISTELL	1030	2:38:35	1029	2:36:58	374	F	122	F40	EDEN RUNNERS
498	MARTIN	GRAINGER	1031	2:39:39	1033	2:37:16	648	M	200	M40	
497	RACHEL	GRAINGER	1032	2:39:39	1034	2:37:16	375	F	123	F40	
575	KATE	BRANIFF	1033	2:40:13	1036	2:38:05	376	F	215	FSNR	
805	GORDON	WATSON	1034	2:40:22	1031	2:37:11	649	M	350	MSNR	
804	MELISSA	PUGH	1035	2:40:22	1032	2:37:12	377	F	216	FSNR	
850	RACHEL	LIGHTFOOT	1036	2:40:25	1028	2:36:54	378	F	124	F40	
343	HELEN	WOOLRIDGE	1037	2:40:57	1037	2:39:13	379	F	217	FSNR	
295	WENDY	NAVIN	1038	2:42:39	1040	2:41:12	380	F	125	F40	ST BEES TRIERS
418	IAN	SMITH	1039	2:43:10	1038	2:39:27	650	M	201	M40	
835	JENNA	HARDEN	1040	2:43:28	1039	2:40:31	381	F	218	FSNR	
362	JONATHAN	MAJOR	1041	2:44:39	1042	2:41:23	651	M	351	MSNR	
363	CLAIRE	MAJOR	1042	2:44:39	1041	2:41:23	382	F	219	FSNR	
888	CLAIRE	STEWART	1043	2:45:11	1043	2:42:03	383	F	220	FSNR	
1117	CHRISTINE	METCALFE	1044	2:45:12	1044	2:42:05	384	F	221	FSNR	
1251	MICHAEL	STORY	1045	2:45:14	1047	2:43:36	652	M	352	MSNR	
1206	SHEELAGH	DELANEY	1046	2:45:33	1046	2:43:25	385	F	5	F60	
173	JULIA	ROSS	1047	2:46:23	1049	2:45:09	386	F	126	F40	
1270	RUTH	ANDERSON	1048	2:46:32	1045	2:42:58	387	F	1	F70	N.E. VETERANS
602	ANTHONY	BELCHER	1049	2:47:39	1054	2:46:25	653	M	81	M50	
601	IRENE	KNOX	1050	2:47:39	1055	2:46:26	388	F	35	F50	

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653	CLAIRE	WARNER	1051	2:47:44	1057	2:47:31	389	F	222	FSNR	
239	ELIZABETH	GOODMAN	1052	2:47:47	1050	2:45:09	390	F	127	F40	
213	EMMA	AITKEN	1053	2:48:09	1048	2:45:02	391	F	223	FSNR	
940	RAYMENT	NEALE	1054	2:48:09	1053	2:46:05	654	M	82	M50	
662	MELISSA	MAGUIRE	1055	2:48:23	1052	2:45:53	392	F	224	FSNR	UNATTACHED
174	LORNA	RICHARDSON	1056	2:48:52	1056	2:47:30	393	F	225	FSNR	
205	BECKY	MIDGLEY	1057	2:49:24	1051	2:45:42	394	F	226	FSNR	
1364	STEVEN	SELKEN	1058	2:50:12	1062	2:49:51	655	M	353	MSNR	
1363	MARTYN	HARRISON	1059	2:50:12	1063	2:49:52	656	M	354	MSNR	
1240	CLAIRE	CARRUTHERS	1060	2:50:40	1061	2:49:02	395	F	227	FSNR	
564	PAUL	TEBBUTT	1061	2:51:21	1065	2:50:29	657	M	355	MSNR	
1362	SARAH	BURTON	1062	2:51:52	1058	2:48:30	396	F	228	FSNR	
665	LOUISE	SIMPSON	1063	2:51:53	1060	2:48:31	397	F	128	F40	
1160	SHELLEY	SIMPSON	1064	2:51:53	1059	2:48:31	398	F	229	FSNR	UNATTACHED
96	MAJA	WHILE	1065	2:53:16	1064	2:49:55	399	F	129	F40	
1202	YVONNE	O SULLIVAN	1066	2:53:52	1066	2:52:31	400	F	230	FSNR	
297	LAURA	WATSON	1067	2:54:39	1067	2:52:49	401	F	231	FSNR	
1281	DAVID	HANDYSIDE	1068	2:55:11	1071	2:53:33	658	M	202	M40	
93	STEWART	GRAHAM	1069	2:55:39	1068	2:53:11	659	M	203	M40	
92	SONIA	CHARTERS	1070	2:55:40	1069	2:53:12	402	F	130	F40	
149	JILL	HANCOX	1071	2:56:39	1070	2:53:13	403	F	131	F40	
260	HELEN	WALKER	1072	2:57:33	1072	2:53:45	404	F	132	F40	
353	NEASHA	JACKSON	1073	2:57:45	1073	2:53:57	405	F	133	F40	EDEN RUNNERS
1313	KEELEY	WATSON	1074	2:58:30	1074	2:54:50	406	F	232	FSNR	
1312	MICHAEL	CHILD	1075	2:58:30	1075	2:54:51	660	M	356	MSNR	

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561	ANN	GOUCHER-PATRICK	1076	2:59:00	1076	2:55:08	407	F	134	F40	
39	EMMA	RICHARDSON	1077	3:03:02	1077	2:59:19	408	F	233	FSNR	
131	SUZANNE	THOMPSON	1078	3:03:12	1078	3:01:45	409	F	234	FSNR	
689	GEORGE	ROUTLEDGE	1079	3:08:14	1079	3:04:18	661	M	17	M60	HEATON HARRIERS
46	CLAIRE	RIPLEY	1080	3:21:59	1082	3:19:33	410	F	235	FSNR	RED TOMATO RUNNING CLUB
568	ALAINA	MCADAM	1081	3:22:00	1083	3:19:36	411	F	236	FSNR	
499	MATTHEW	CHARNICK	1082	3:22:17	1080	3:18:21	662	M	357	MSNR	
500	FIONA	MOWBRAY	1083	3:22:17	1081	3:18:21	412	F	237	FSNR	
560	TANNYA	RODDA	1084	3:27:08	1084	3:25:59	413	F	238	FSNR	